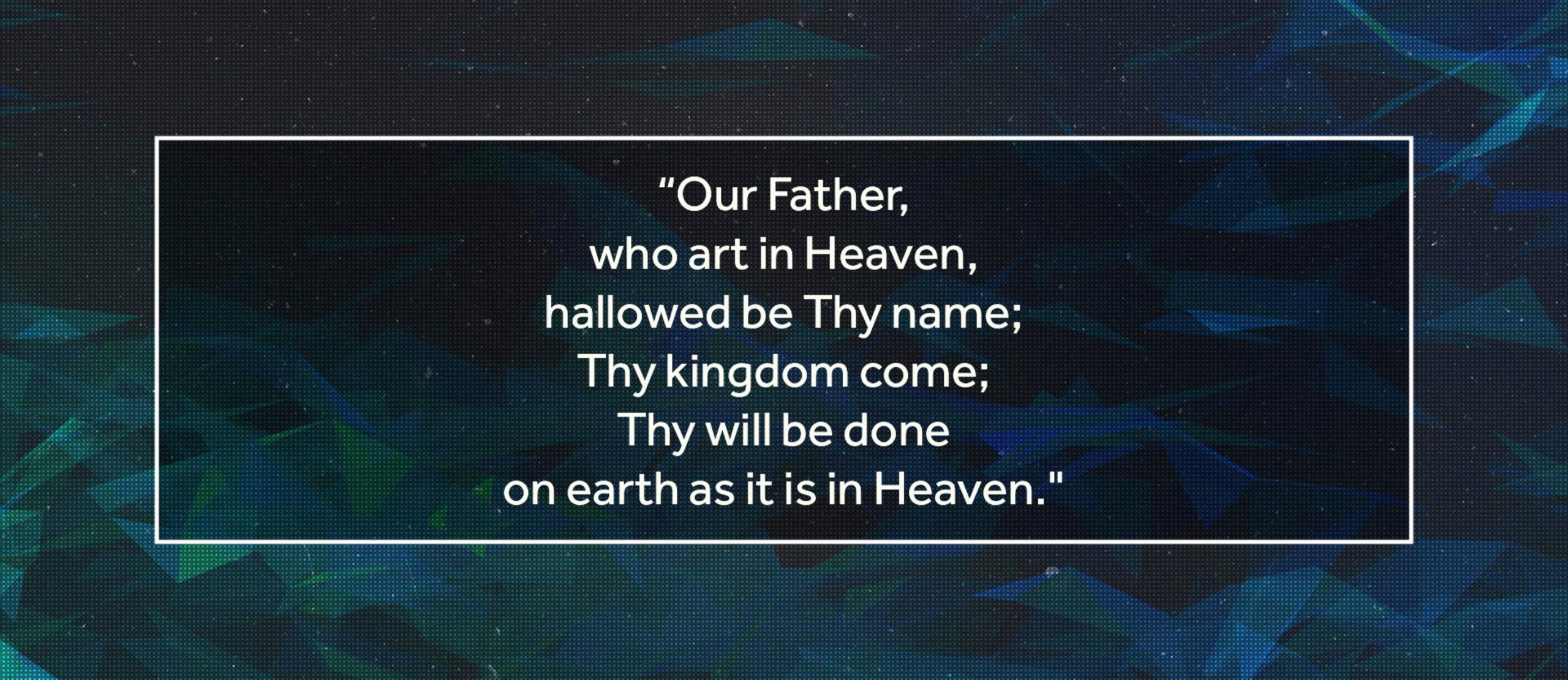
Luke 11:1

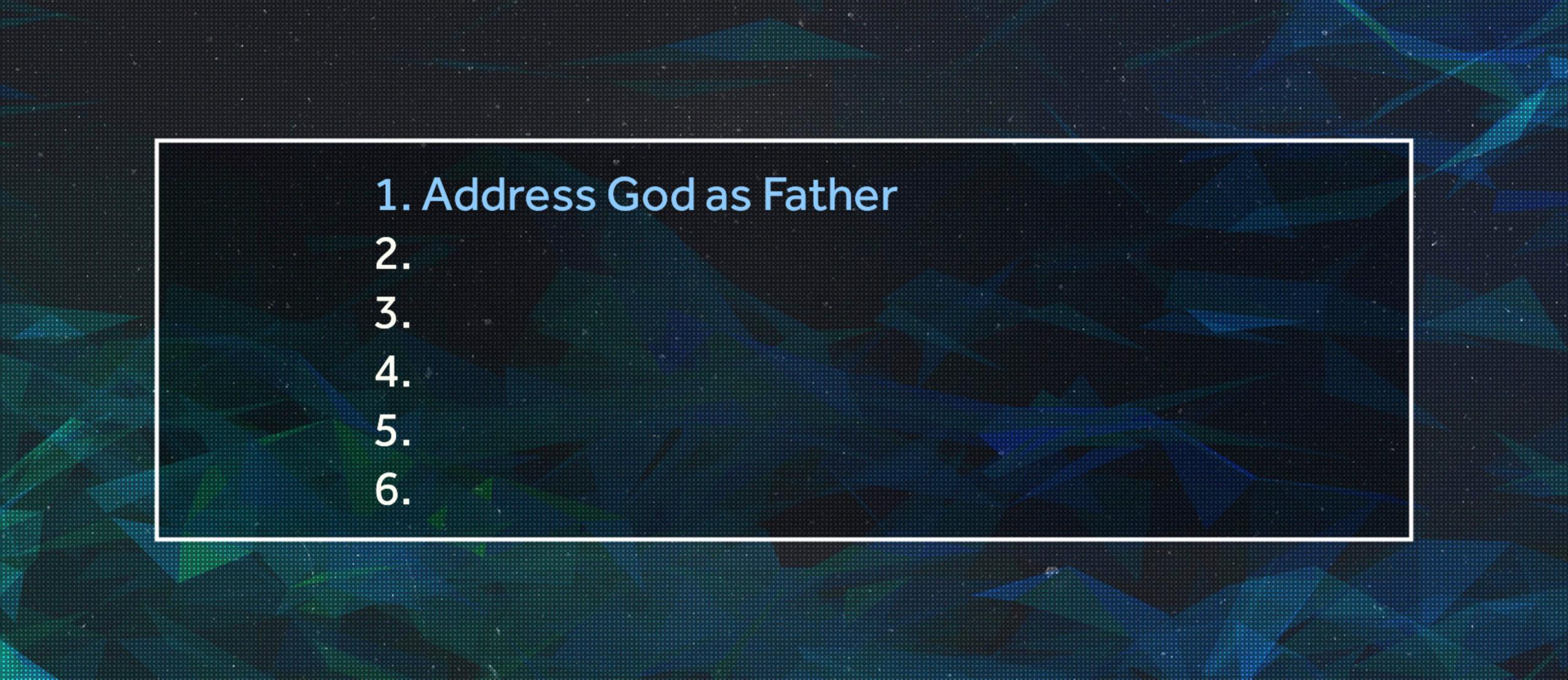
Once Jesus was in a certain place praying. As He finished, one of His disciples came to Him and said, "Lord, teach us to pray, just as John taught His disciples."

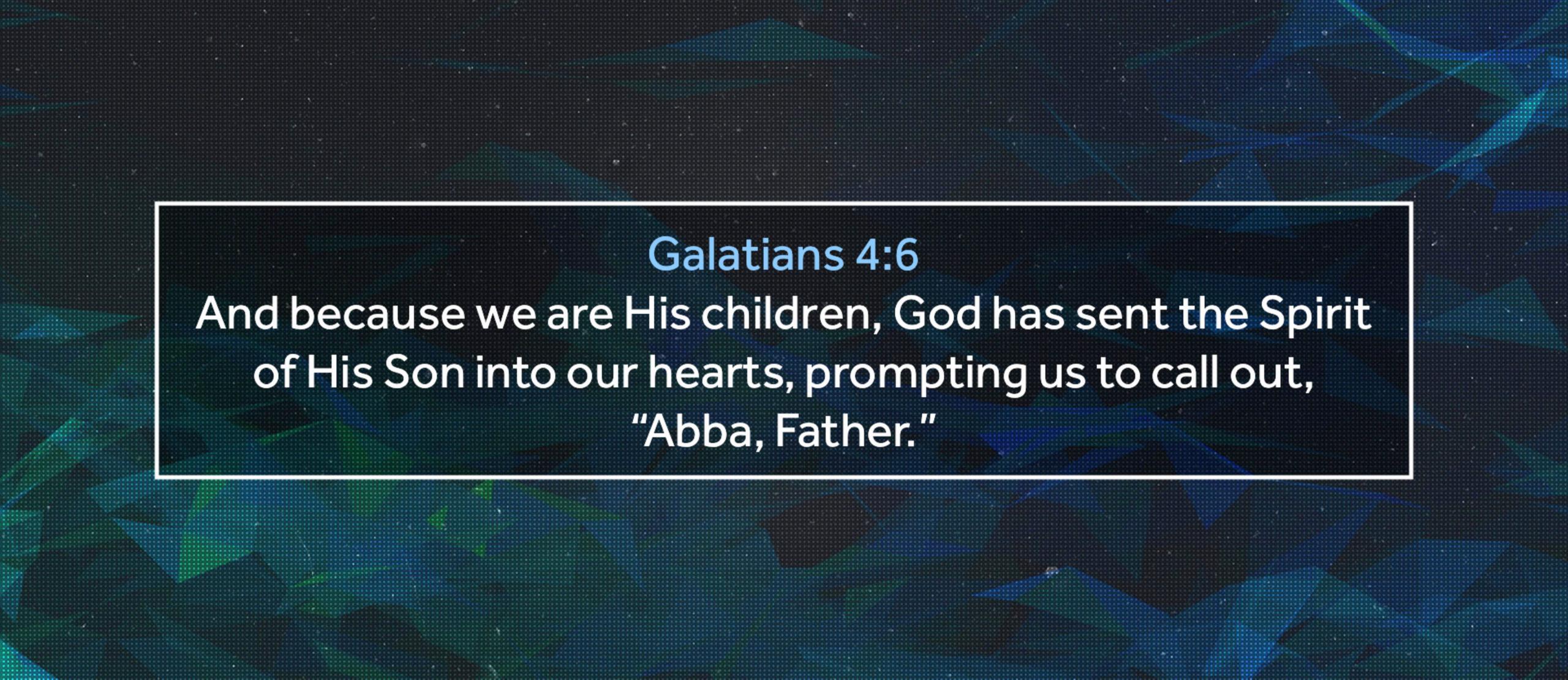
Luke 11:2-4

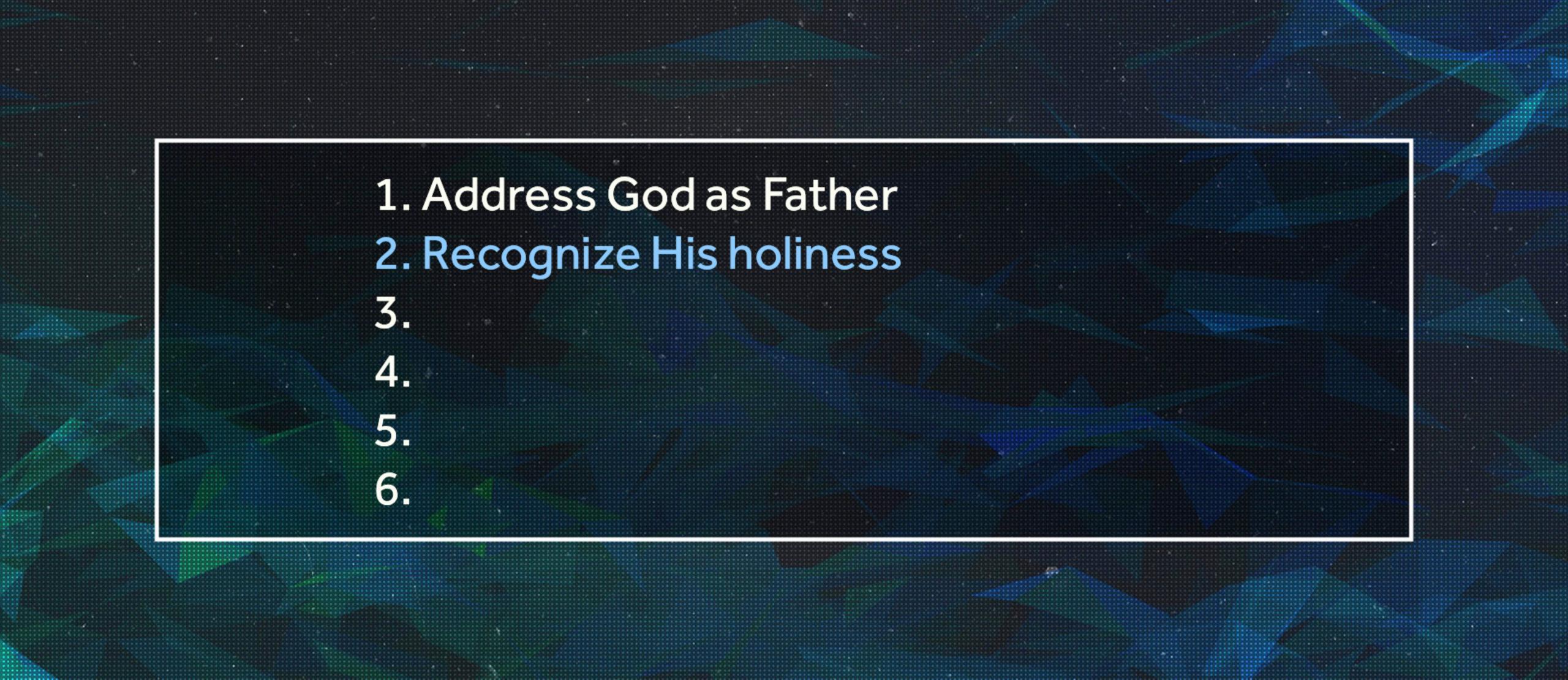
"This is how you should pray: Father, may Your name be kept holy. May Your Kingdom come soon. Give us each day the food we need, and forgive us our sins, as we forgive those who sin against us. And don't let us yield to temptation."

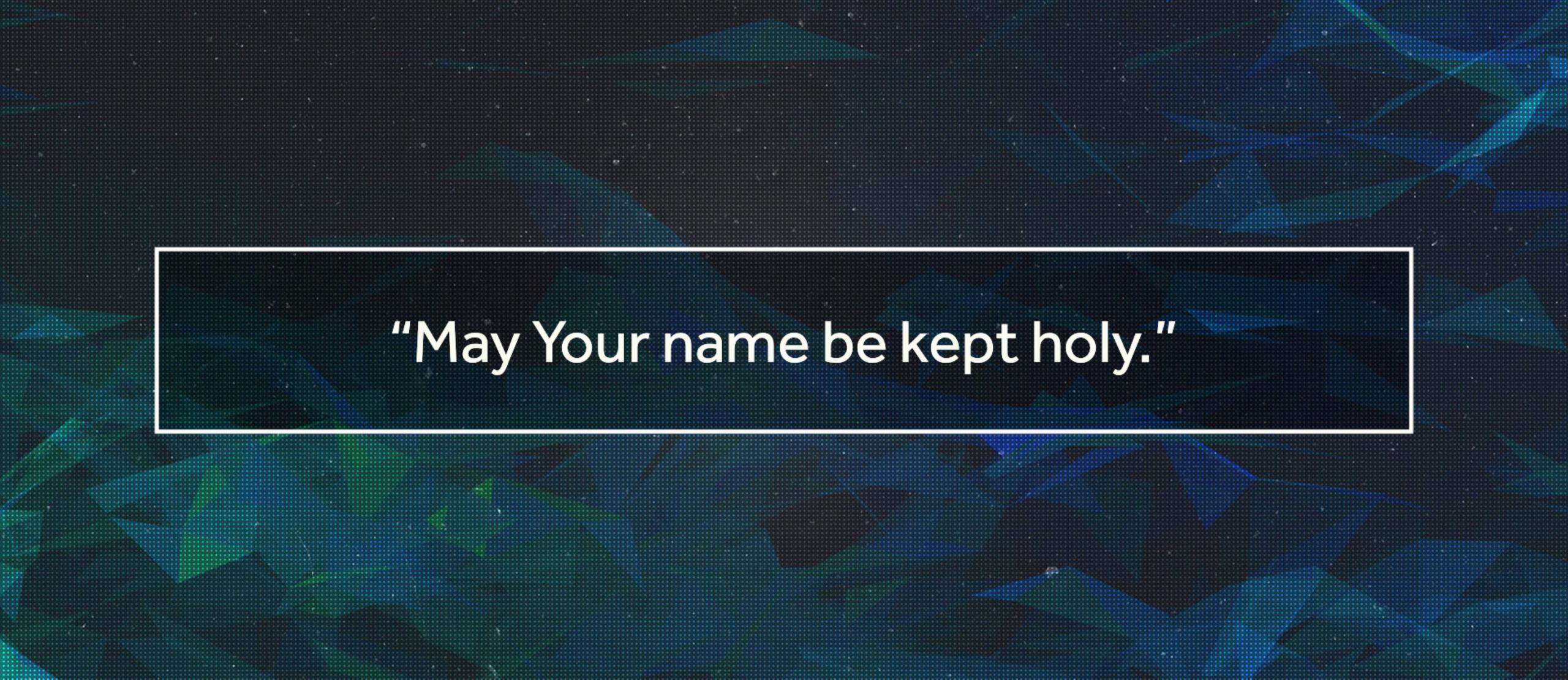


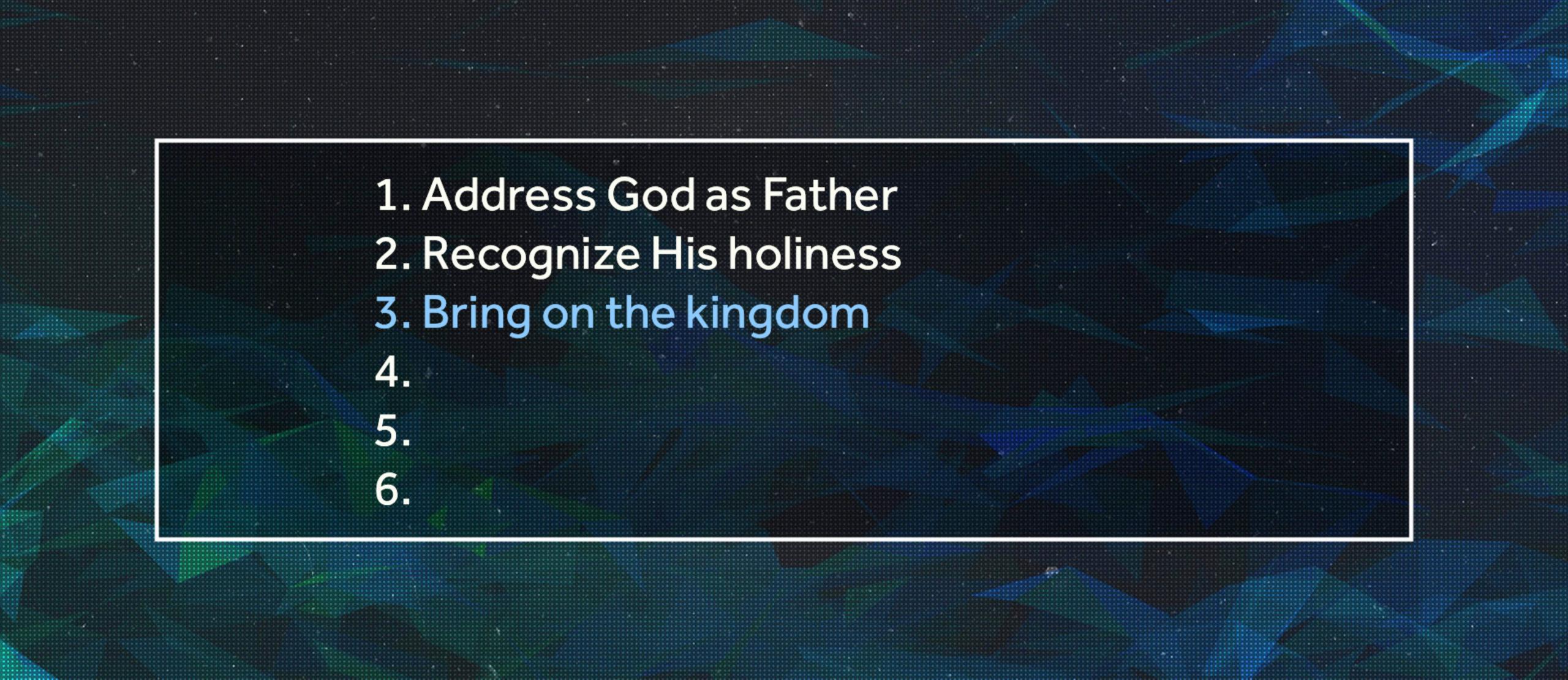
"Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom, the power, and the glory, for ever and ever. Amen."

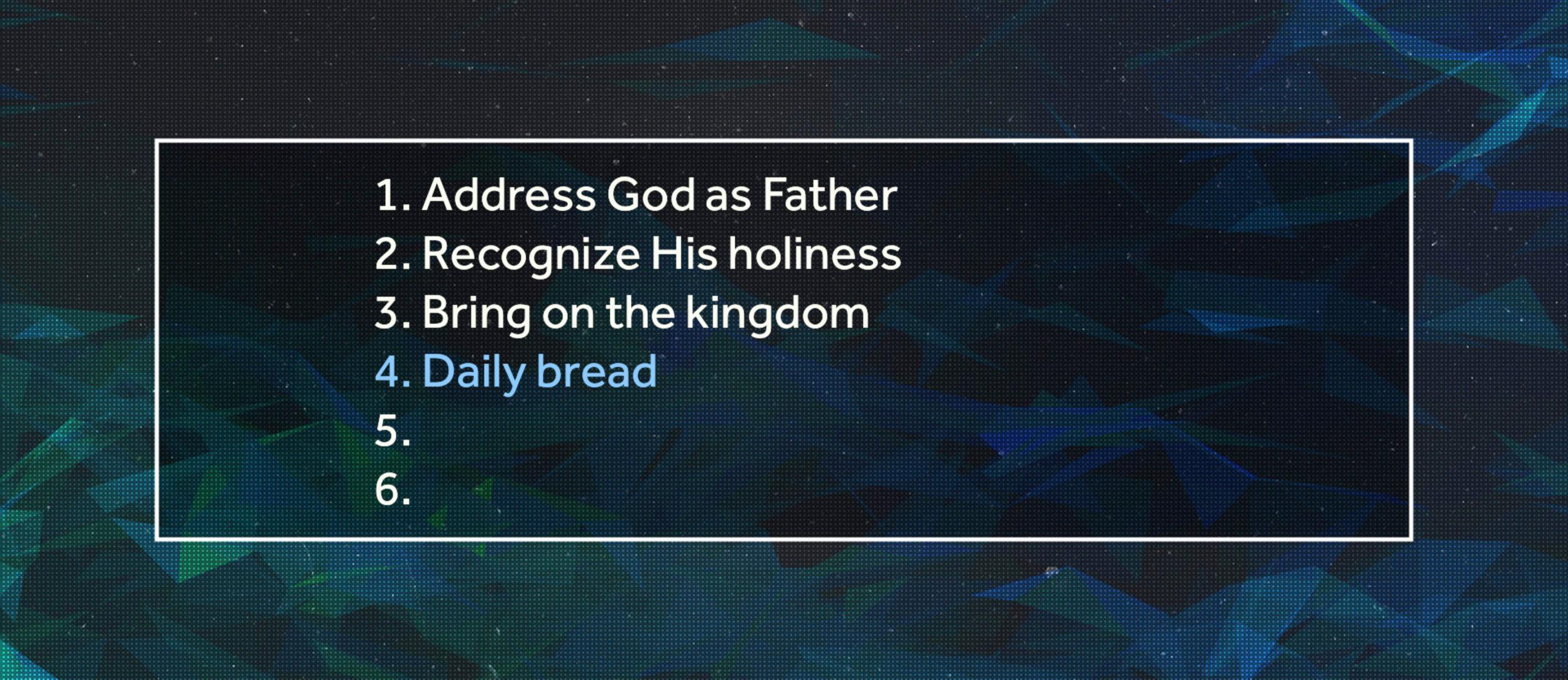




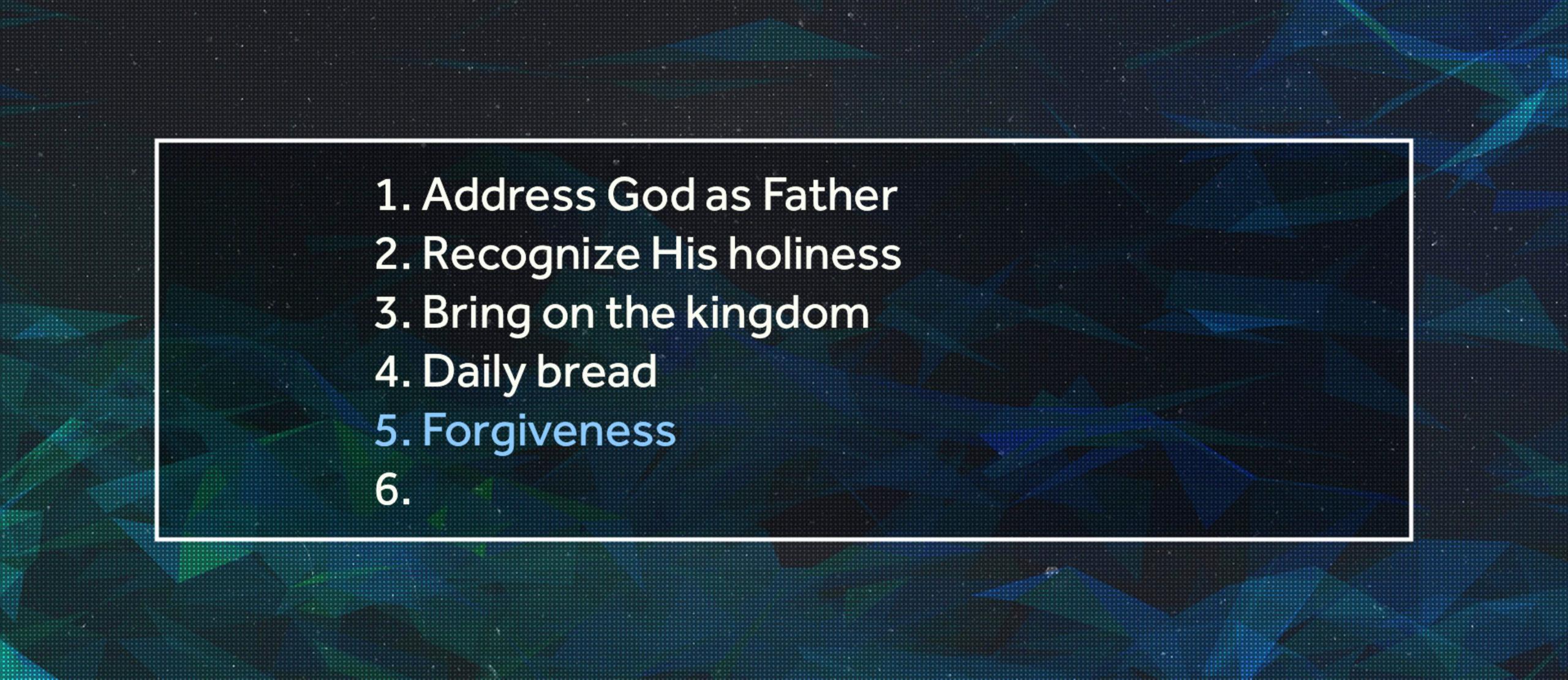








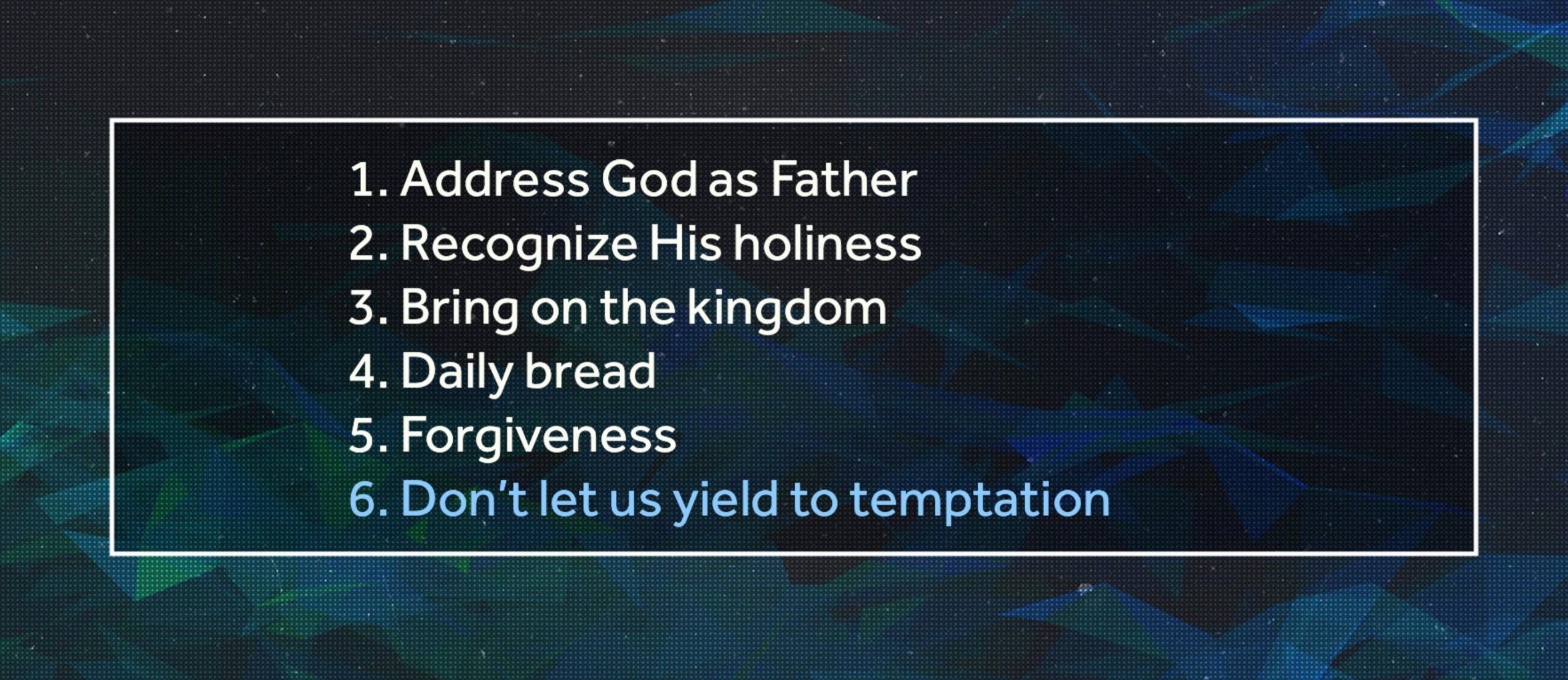
"Give us each day the food we need."

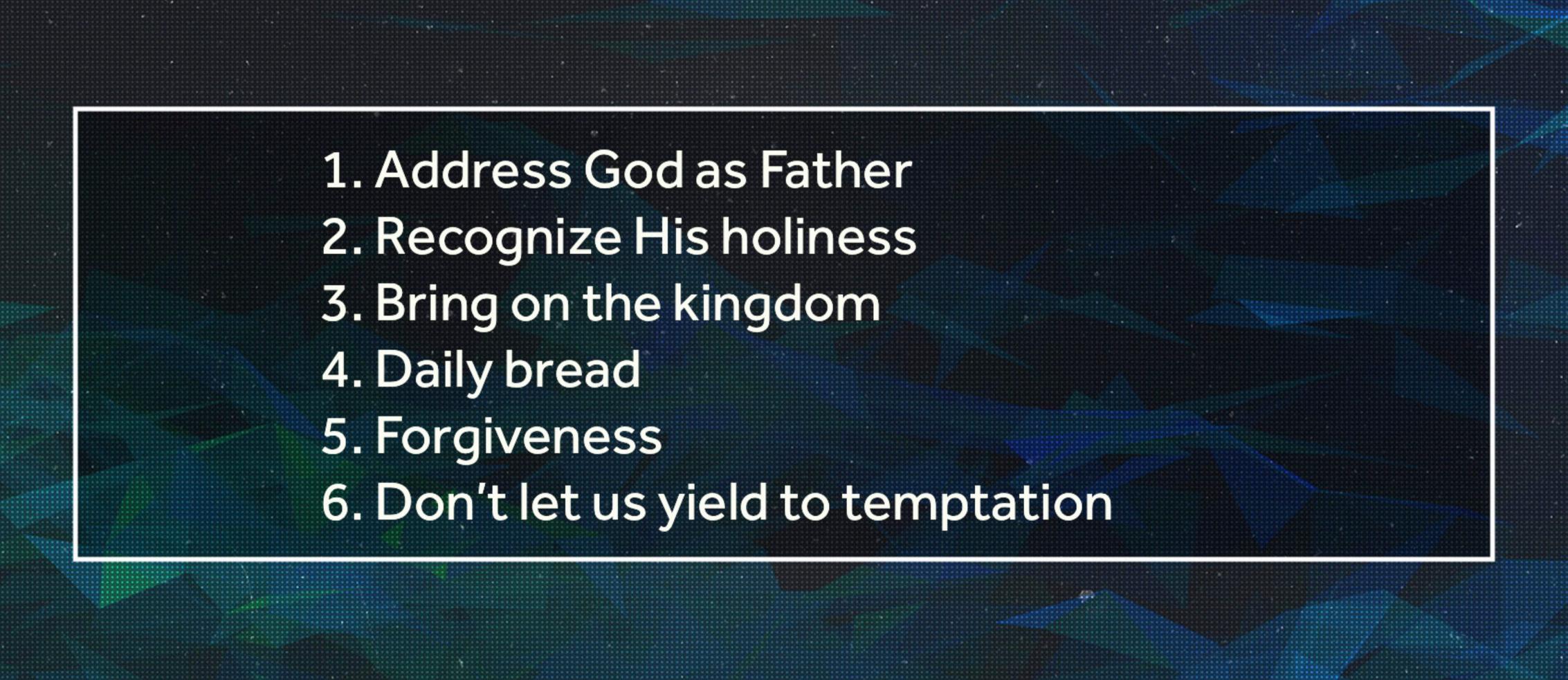


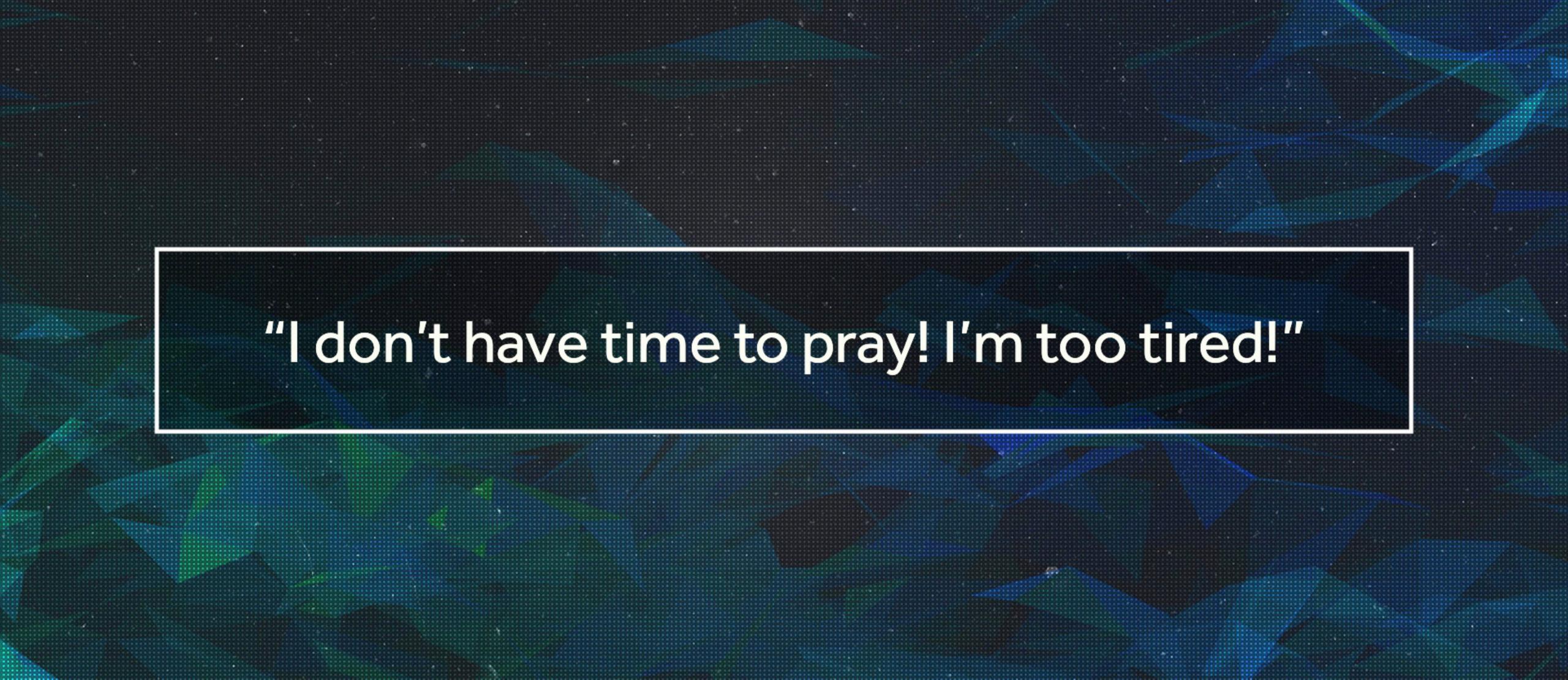




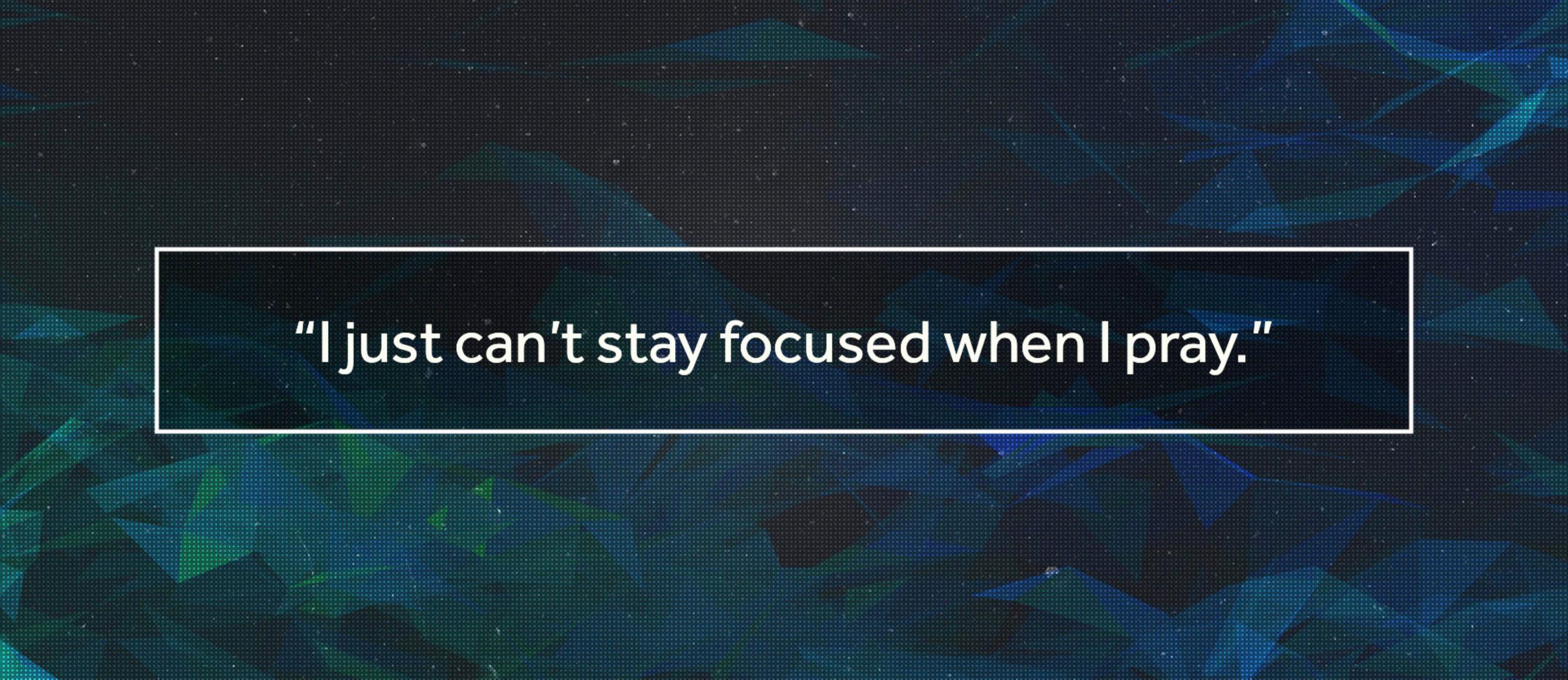
"To be a Christian means to forgive the inexcusable because God has forgiven the inexcusable in you."
- CS Lewis

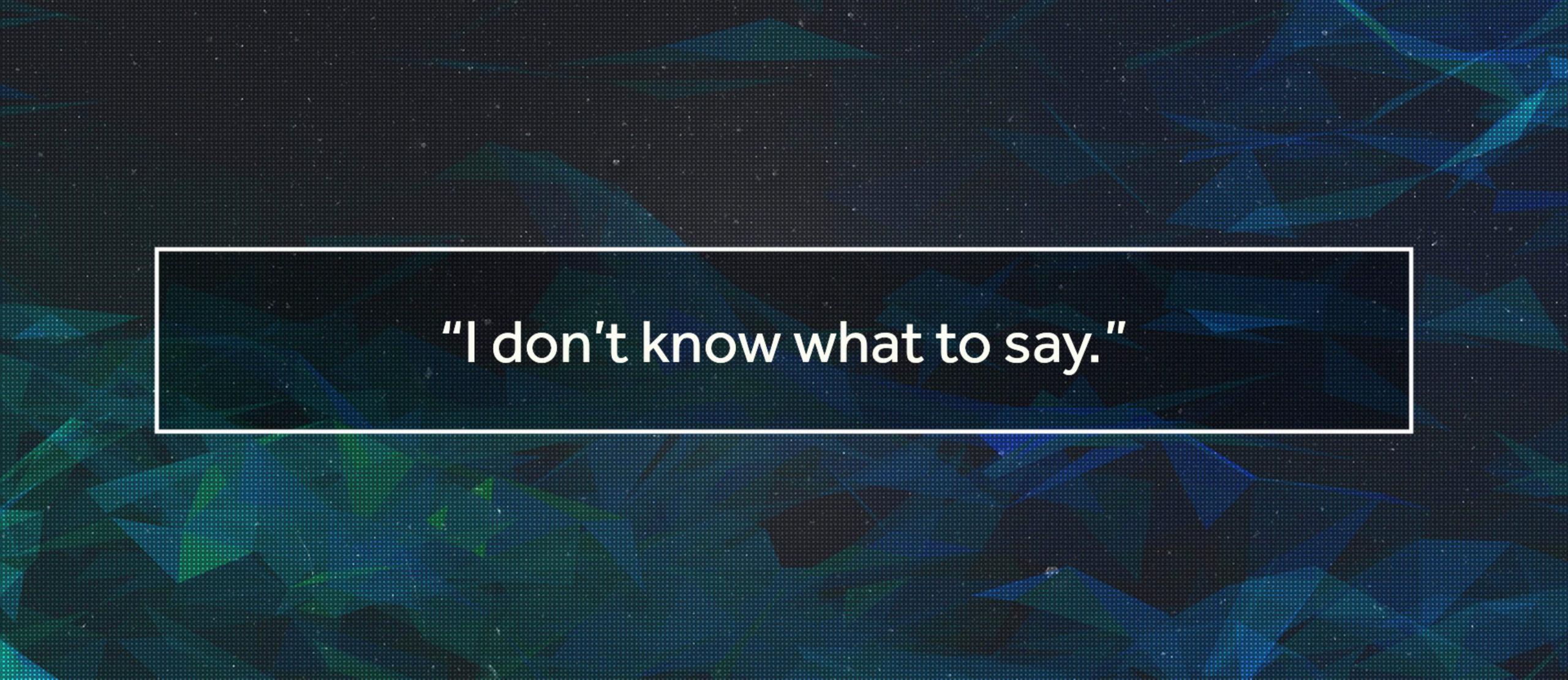








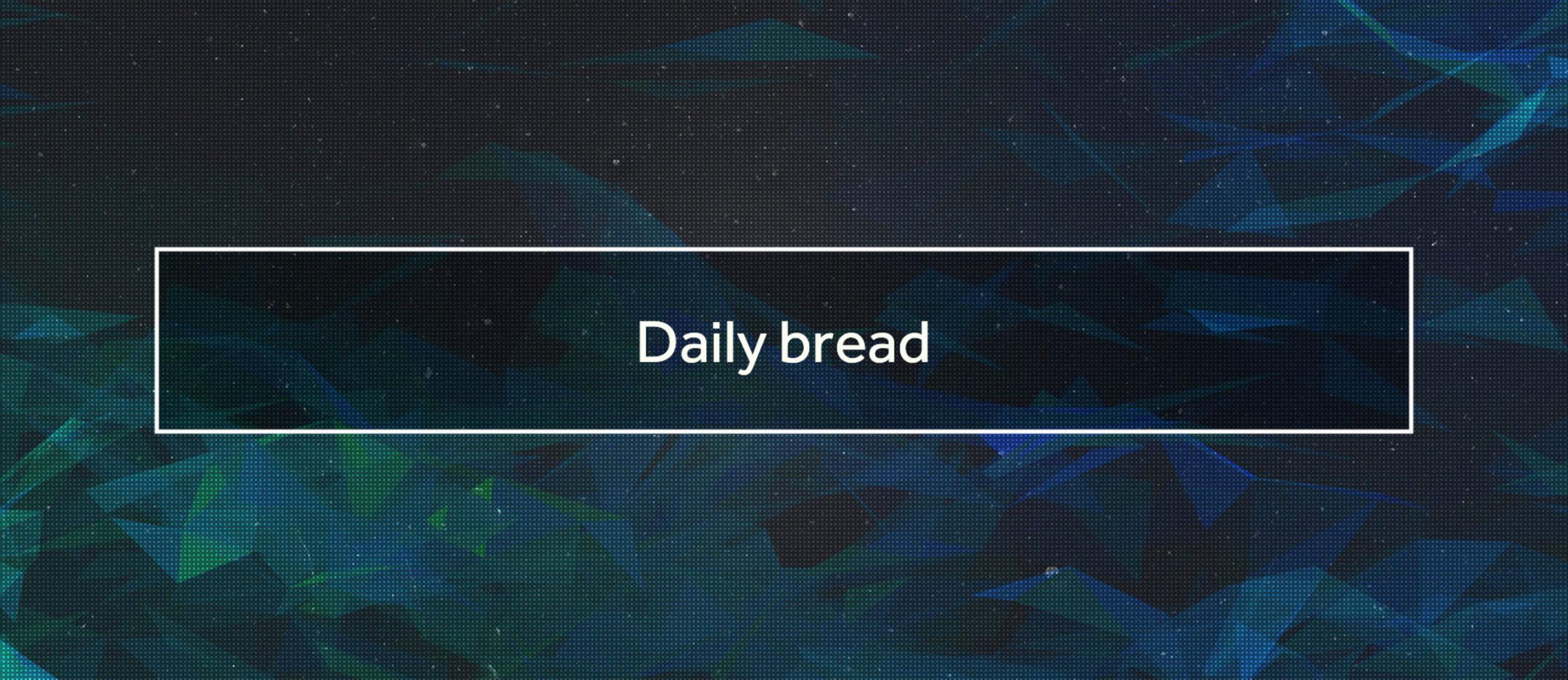
















THE HOLY SPIRIT

Inspired Scripture

Controlled Conscience

Spiritual People



XCOMMITMENT

Prayerful
Daily Reading
of the Scripture



Regular Contemplative Introspection



Longstanding Relationships with a Spiritual Family