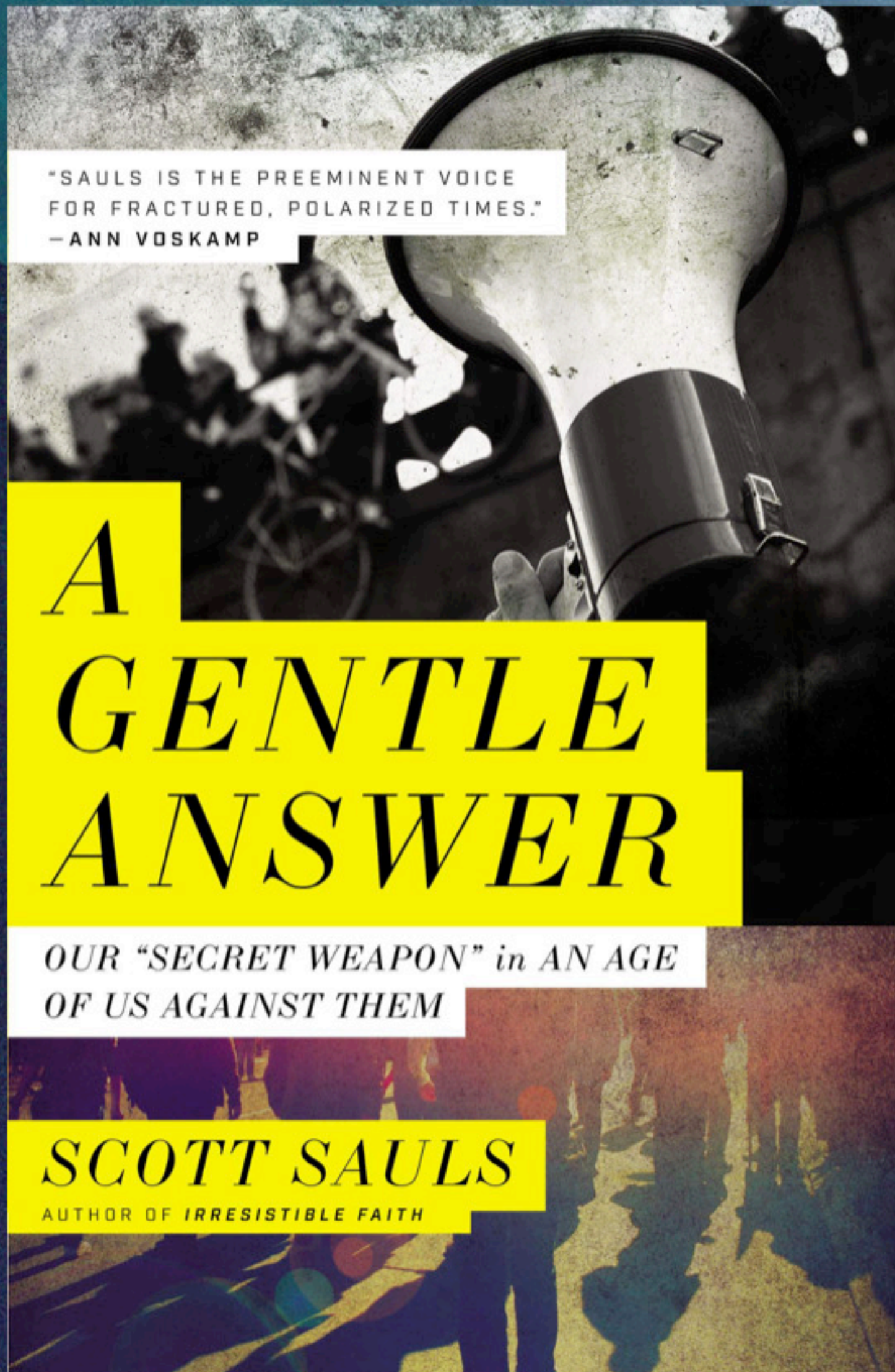




GOD HAVE

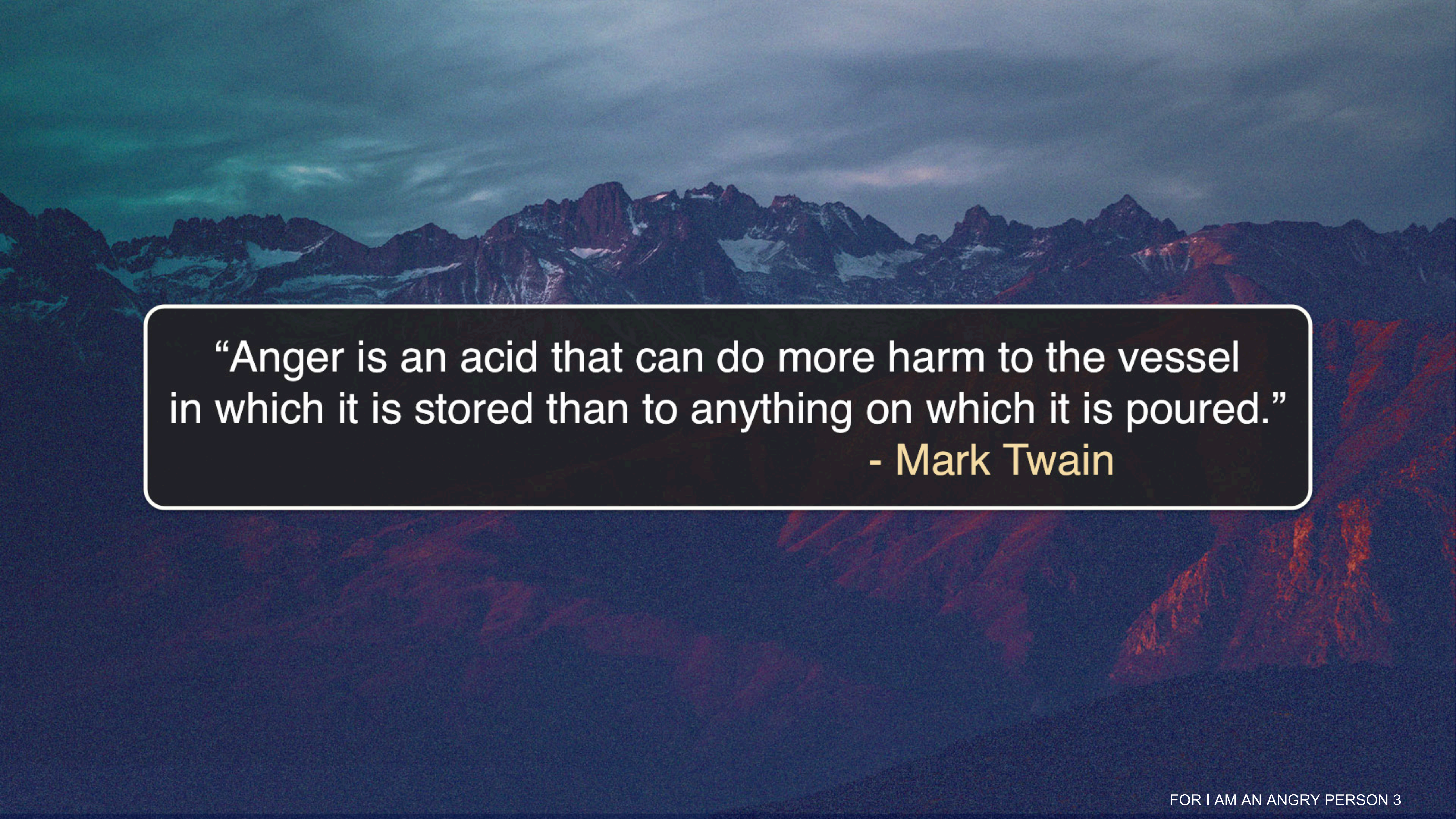
MERCY

FOR I AM AN ANGRY PERSON



“When we harshly fight back instead of seeking to defuse a situation by responding with a gentle answer, we condition ourselves to reject all criticism, even the kind that is fair. When this occurs, we are listening to the twisted voice of our own self-righteousness instead of resting in the righteousness that has been given to us freely in Christ.”

- Scott Sauls, *A Gentle Answer*



“Anger is an acid that can do more harm to the vessel
in which it is stored than to anything on which it is poured.”
- Mark Twain

Righteous Anger

Reacting in a godly way
to the injustice in the world

Motivated by the love
we have for Christ

Cares about others

Seeks restoration

Sinful Anger

What we experience when we
believe we've been treated
unfairly or unjustly

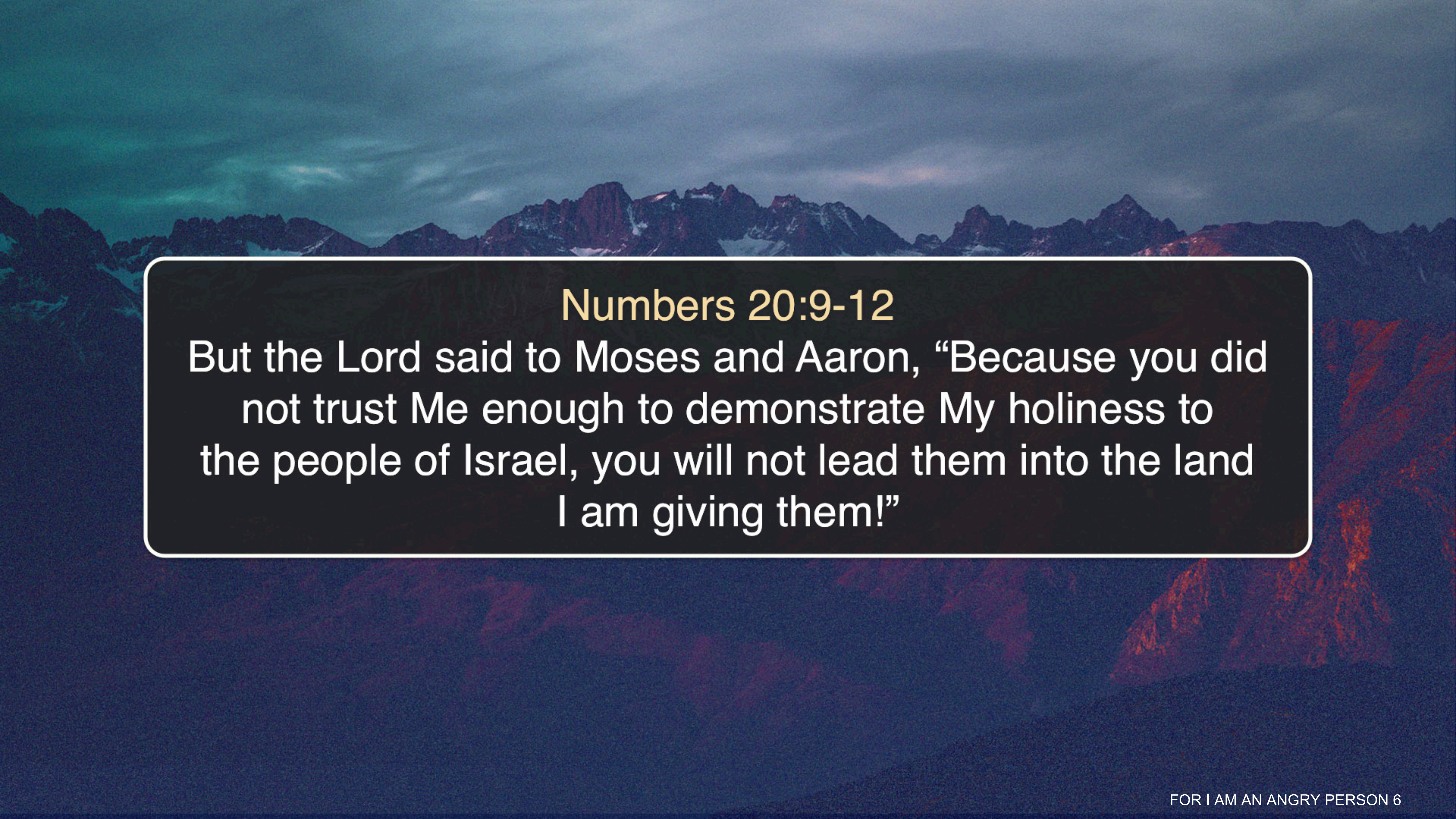
There is something we want
and someone must pay

Causes division

Seeks destruction

Numbers 20:9-12

So Moses did as he was told. He took the staff from the place where it was kept before the Lord. Then he and Aaron summoned the people to come and gather at the rock. “Listen, you rebels!” he shouted. “Must we bring you water from this rock?” Then Moses raised his hand and struck the rock twice with the staff, and water gushed out. So the entire community and their livestock drank their fill.

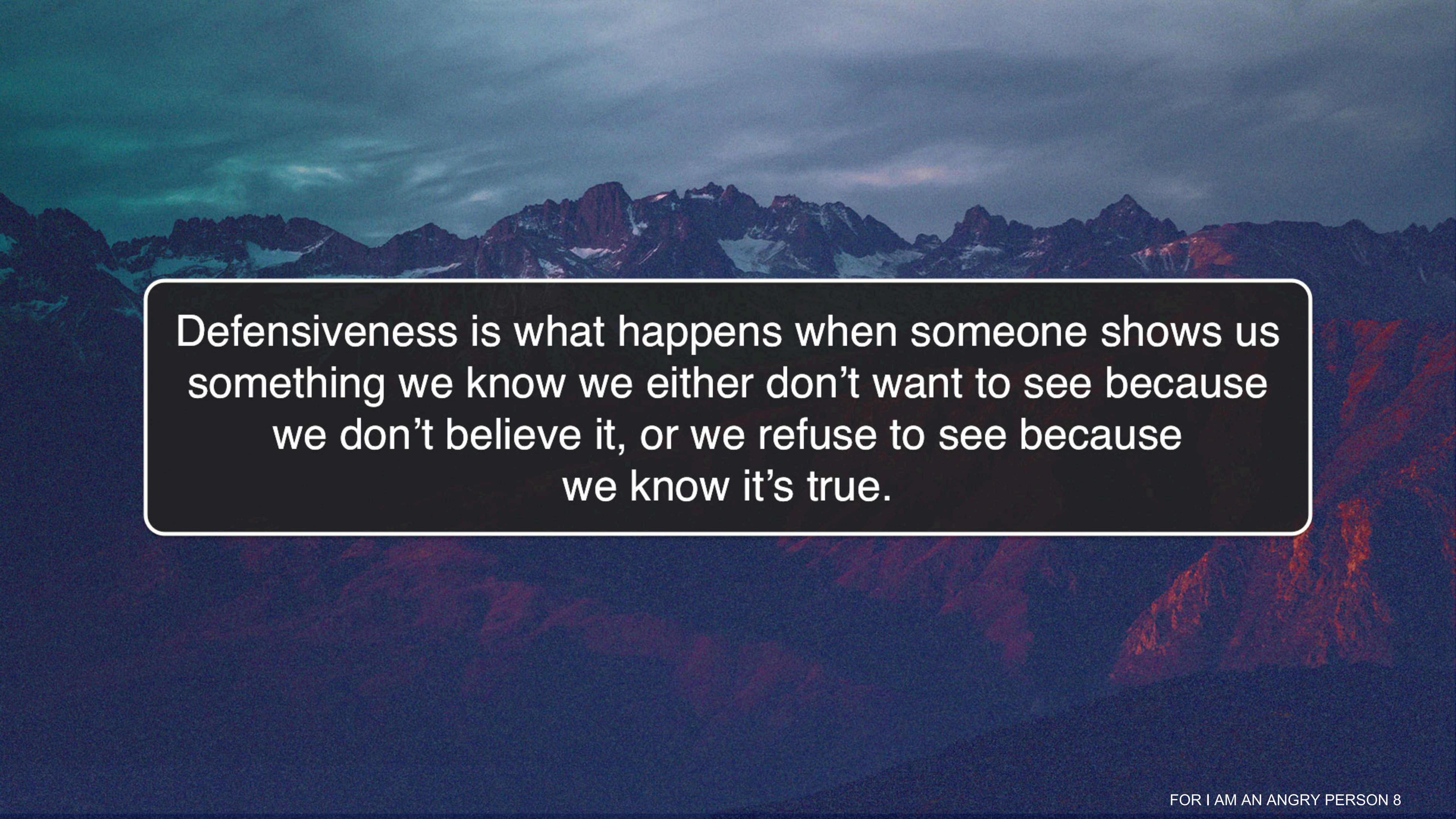


Numbers 20:9-12

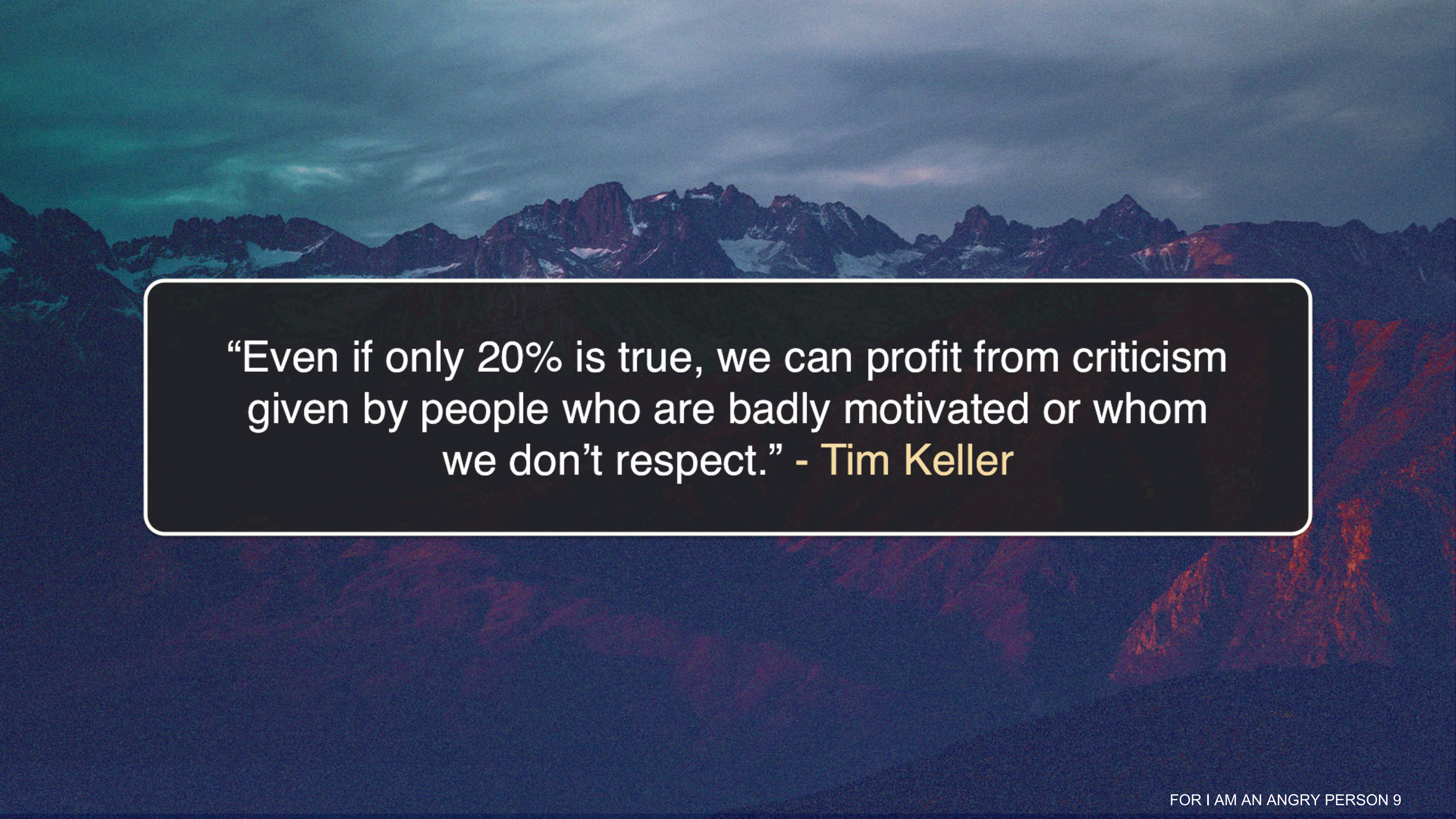
But the Lord said to Moses and Aaron, “Because you did not trust Me enough to demonstrate My holiness to the people of Israel, you will not lead them into the land I am giving them!”



Stop debating. Start dialoguing.



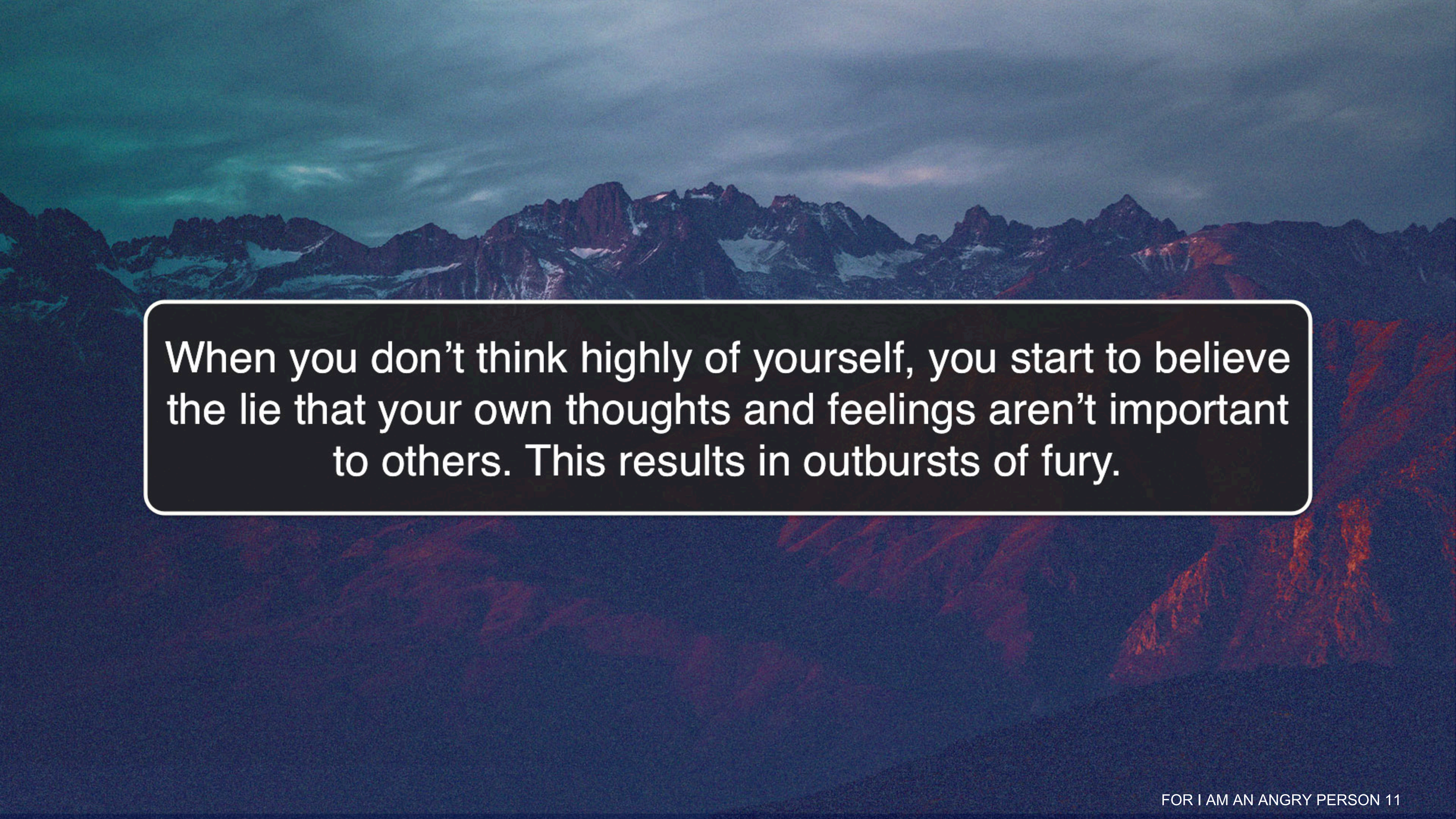
Defensiveness is what happens when someone shows us something we know we either don't want to see because we don't believe it, or we refuse to see because we know it's true.



“Even if only 20% is true, we can profit from criticism given by people who are badly motivated or whom we don’t respect.” - **Tim Keller**



Be secure in who you are.

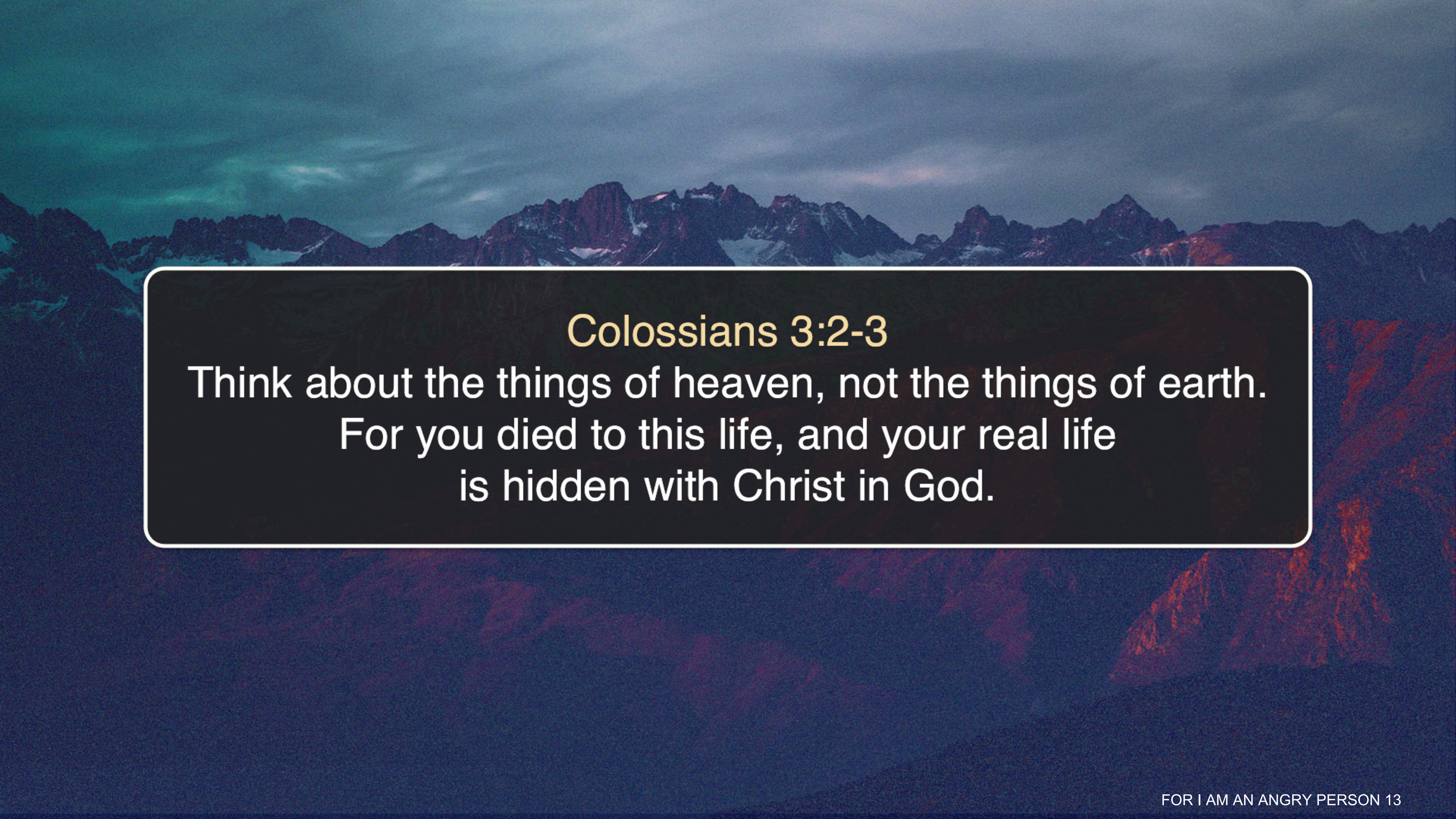


When you don't think highly of yourself, you start to believe the lie that your own thoughts and feelings aren't important to others. This results in outbursts of fury.



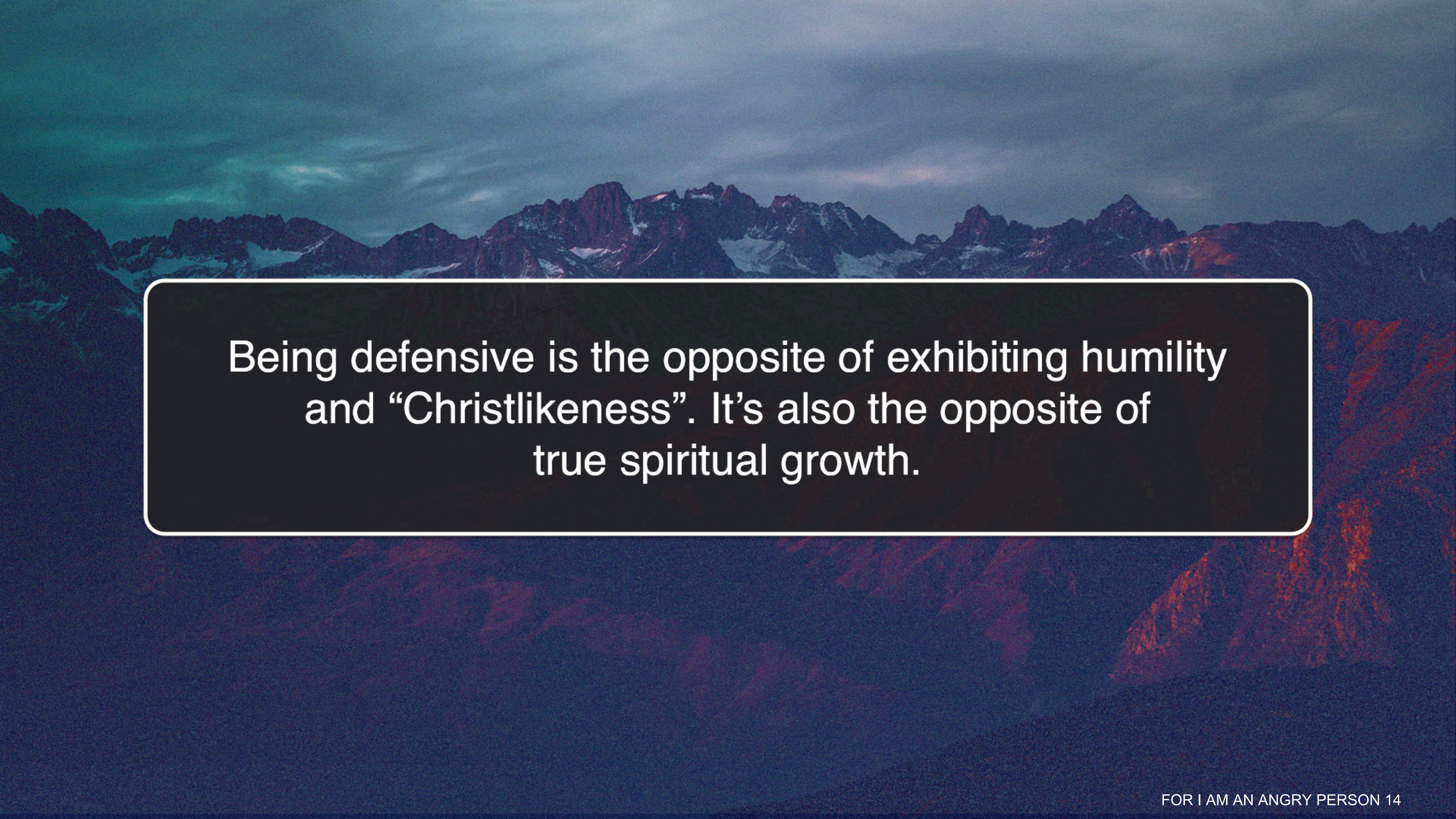
Be humble before God.

1. Name the sin.
2. Feel the weight of it.
3. Tell someone else.
4. Find rest in God and in His forgiveness.



Colossians 3:2-3

Think about the things of heaven, not the things of earth.
For you died to this life, and your real life
is hidden with Christ in God.

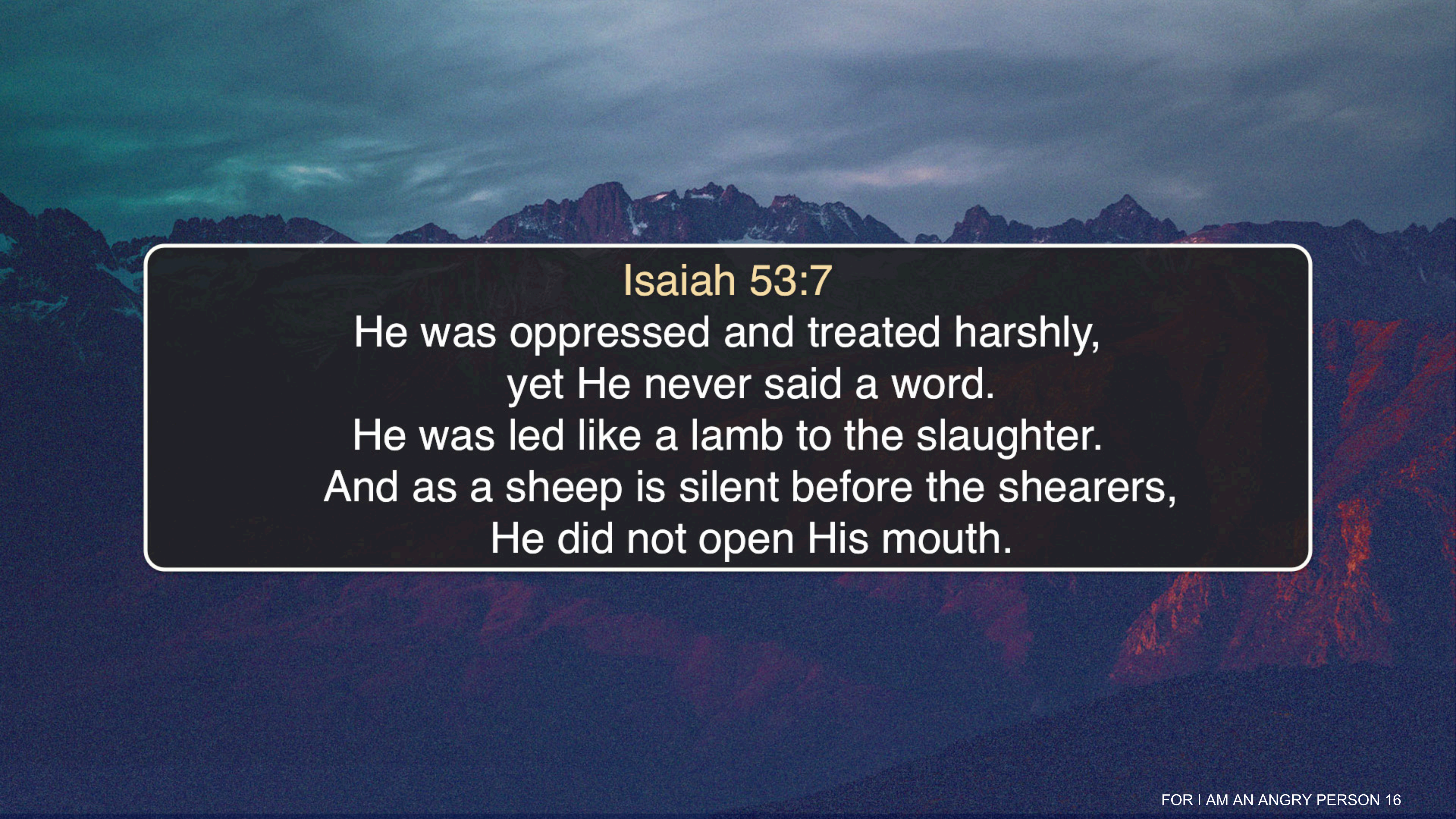


Being defensive is the opposite of exhibiting humility and “Christlikeness”. It’s also the opposite of true spiritual growth.



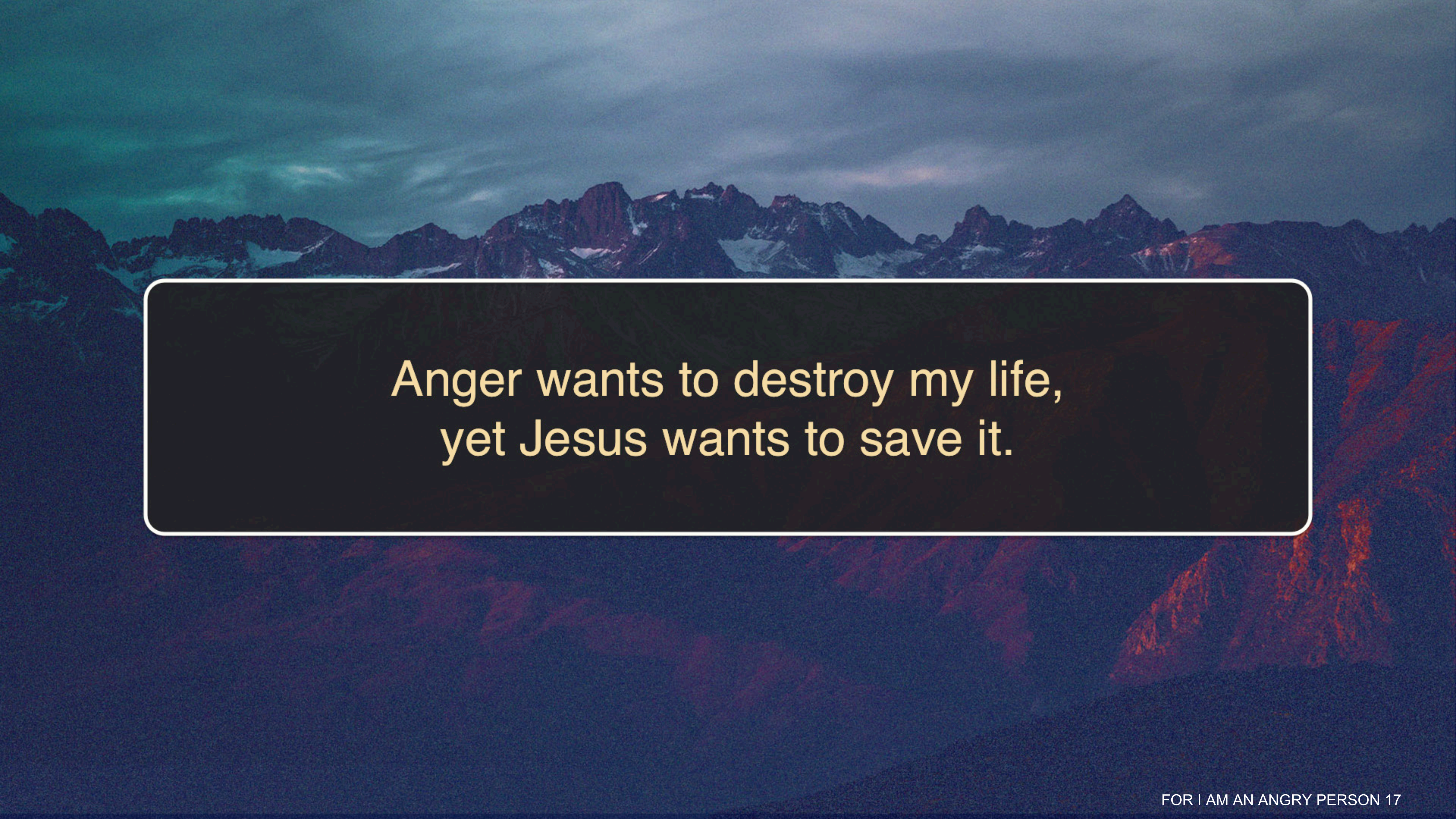
1 Peter 2:23

He did not retaliate when He was insulted,
nor threaten revenge when He suffered.
He left His case in the hands of God,
Who always judges fairly.



Isaiah 53:7

He was oppressed and treated harshly,
yet He never said a word.
He was led like a lamb to the slaughter.
And as a sheep is silent before the shearers,
He did not open His mouth.



Anger wants to destroy my life,
yet Jesus wants to save it.