



HELPFUL CONVERSATION STARTERS

BEST and WORST

An effective way for Group members to connect, listen, and support each other is by each sharing your best and worst experience from the past week.

What was the worst
(or hardest) part of
your week?

What was the
best part of your
week?

Take notes and use the "worst" answers as prayer requests. This opens the door for natural responses where as "What are your prayer requests?" can quiet a conversation versus fueling it.

Don't forget to celebrate the "best" answers! These help bring us into a heart of gratitude.

GET TO KNOW YOU QUESTIONS

As you start a new group or have new members join, it is helpful to have everyone share three pieces of information about themselves. This helps new people connect and existing members learn more about each other.

What is your
name?

Where did you
grow up?

Choose a unique 3rd question when someone new joins.

Ideas ... favorite dessert, first car, favorite band, best ice cream flavor, worst job, favorite childhood memory, or how long you've been attending Northeast. The possibilities are endless!

