

**TYLER MCKENZIE**

Lead Pastor

The background features a city skyline at sunset, with buildings silhouetted against a warm orange and red sky. A complex black wireframe structure, resembling a network or a stylized architectural design, is overlaid on the skyline. The text 'WORSHIP NIGHT' is prominently displayed in the center in a large, bold, white font.

# WORSHIP NIGHT

with Darian Sanders

September 12th at 6:30 pm | Northeast Christian Church

## JOHN 8:31-32

Jesus said to the people who believed in Him, "You are truly My disciples if you remain faithful to My teachings. And you will know the truth, and the truth will set you free."

## JOHN 14:23-31

Jesus replied, "All who love me will do what I say. My Father will love them, and we will come and make our home with each of them. Anyone who doesn't love me will not obey me. And remember, my words are not my own. What I am telling you is from the Father who sent me.

## JOHN 14:23-31

I am telling you these things now while I am still with you. But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you. “I am leaving you with a gift—peace of mind and heart.

## JOHN 14:23-31

And the peace I give is a gift the world cannot give. So don't be troubled or afraid. Remember what I told you: I am going away, but I will come back to you again. If you really loved me, you would be happy that I am going to the Father, who is greater than I am.

## JOHN 14:23-31

I have told you these things before they happen so that when they do happen, you will believe. "I don't have much more time to talk to you, because the ruler of this world approaches.

## JOHN 14:23-31

He has no power over me, but I will do what the Father requires of me, so that the world will know that I love the Father. Come, let's be going.

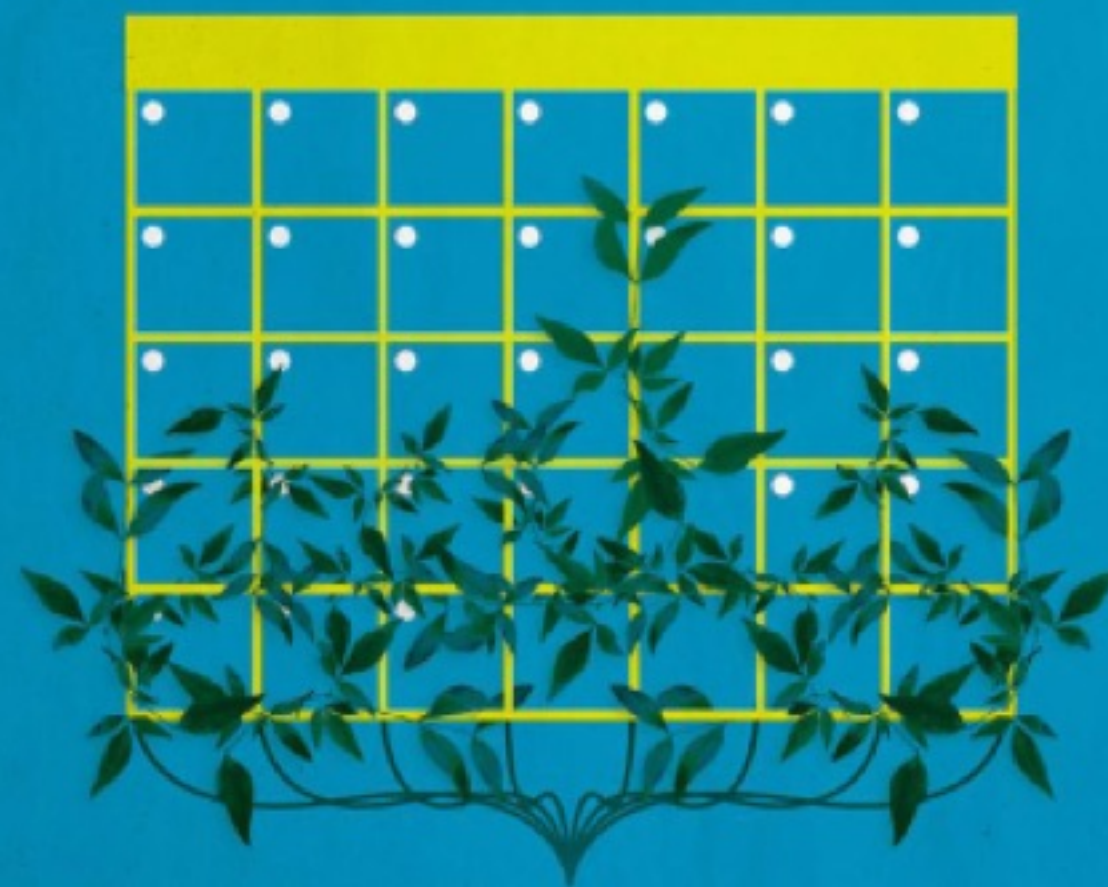


## Rule of Life

“I have both rhythms and restrictions to help me connect with God and resist popular culture.”

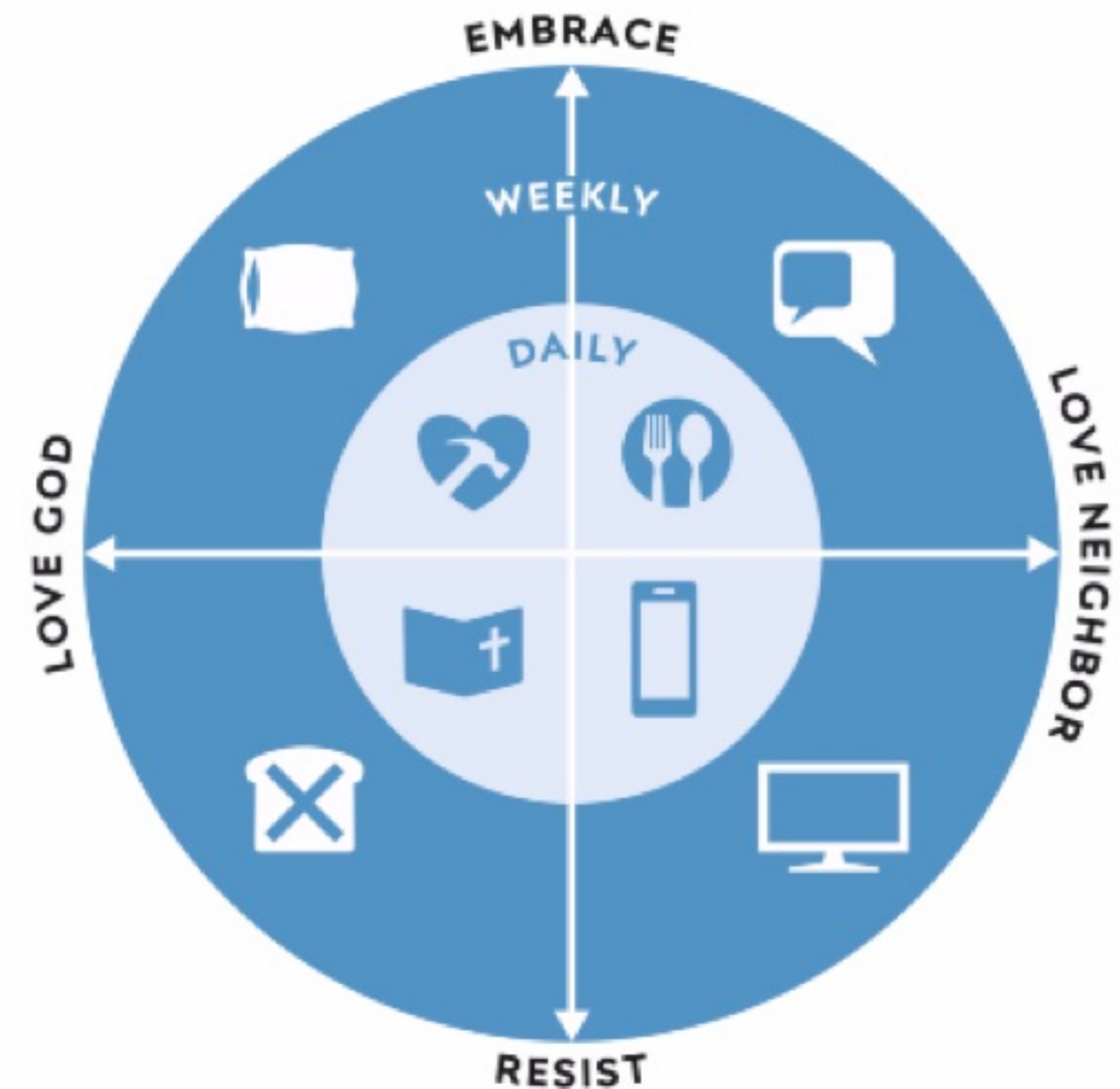
JUSTIN WHITMEL EARLEY

THE  
COMMON  
RULE



HABITS OF  
**PURPOSE**  
FOR AN AGE OF  
DISTRACTION

# HABITS AT A GLANCE



## DAILY HABITS

-  Kneeling prayer three times a day
-  One meal with others
-  One hour with phone off
-  Scripture before phone

## WEEKLY HABITS

-  One hour of conversation with a friend
-  Curate media to four hours
-  Fast from something for twenty-four hours
-  Sabbath

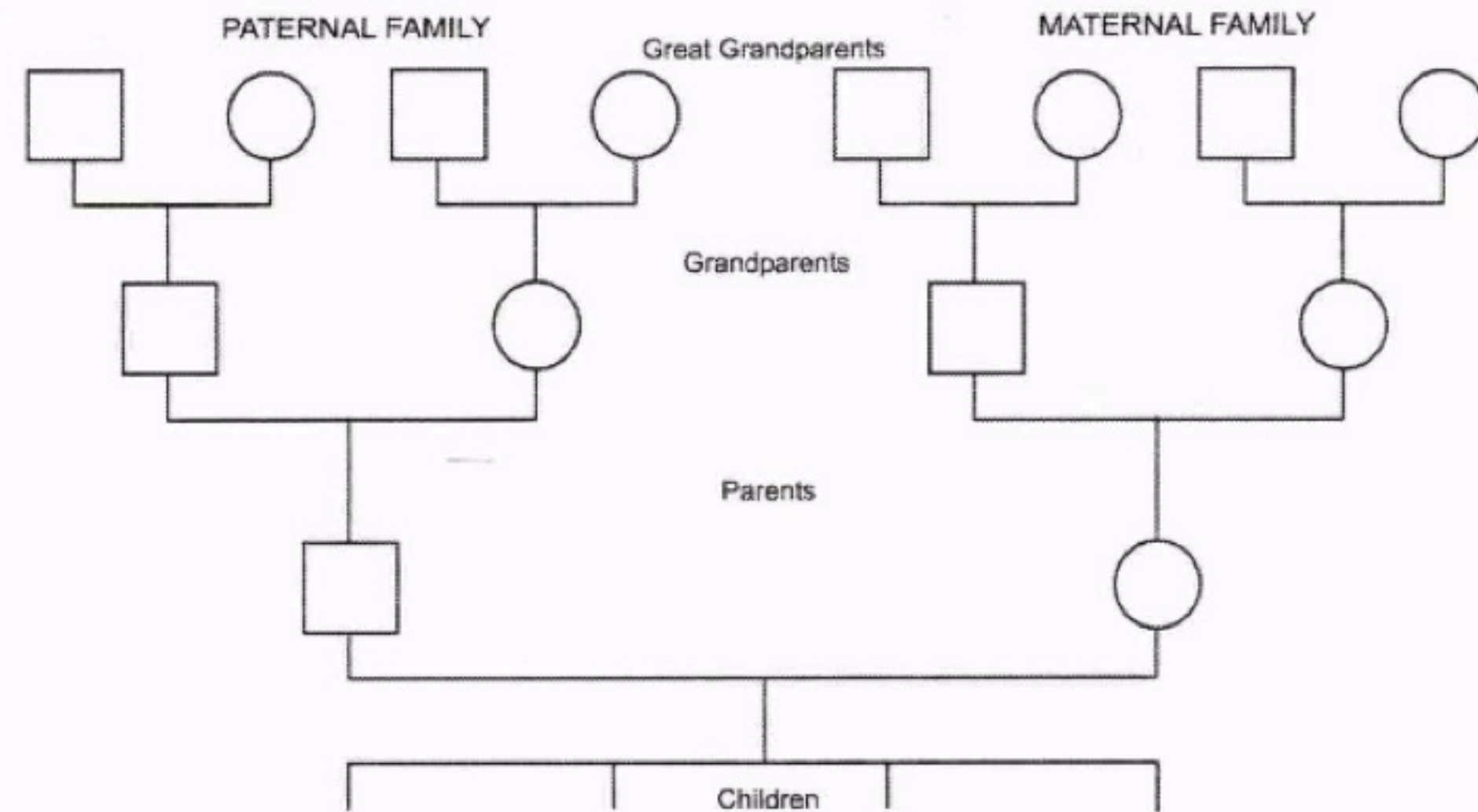
## Our Common Rule?

**Rhythm** – Daily prayerful engagement with Scripture

**Restriction** – Limit the quality and quantity of your screen intake

“What if the good life doesn’t come from having the ability to do what we want but from having the ability to do what we were made for?” (Justin Earlye, *The Common Rule*)

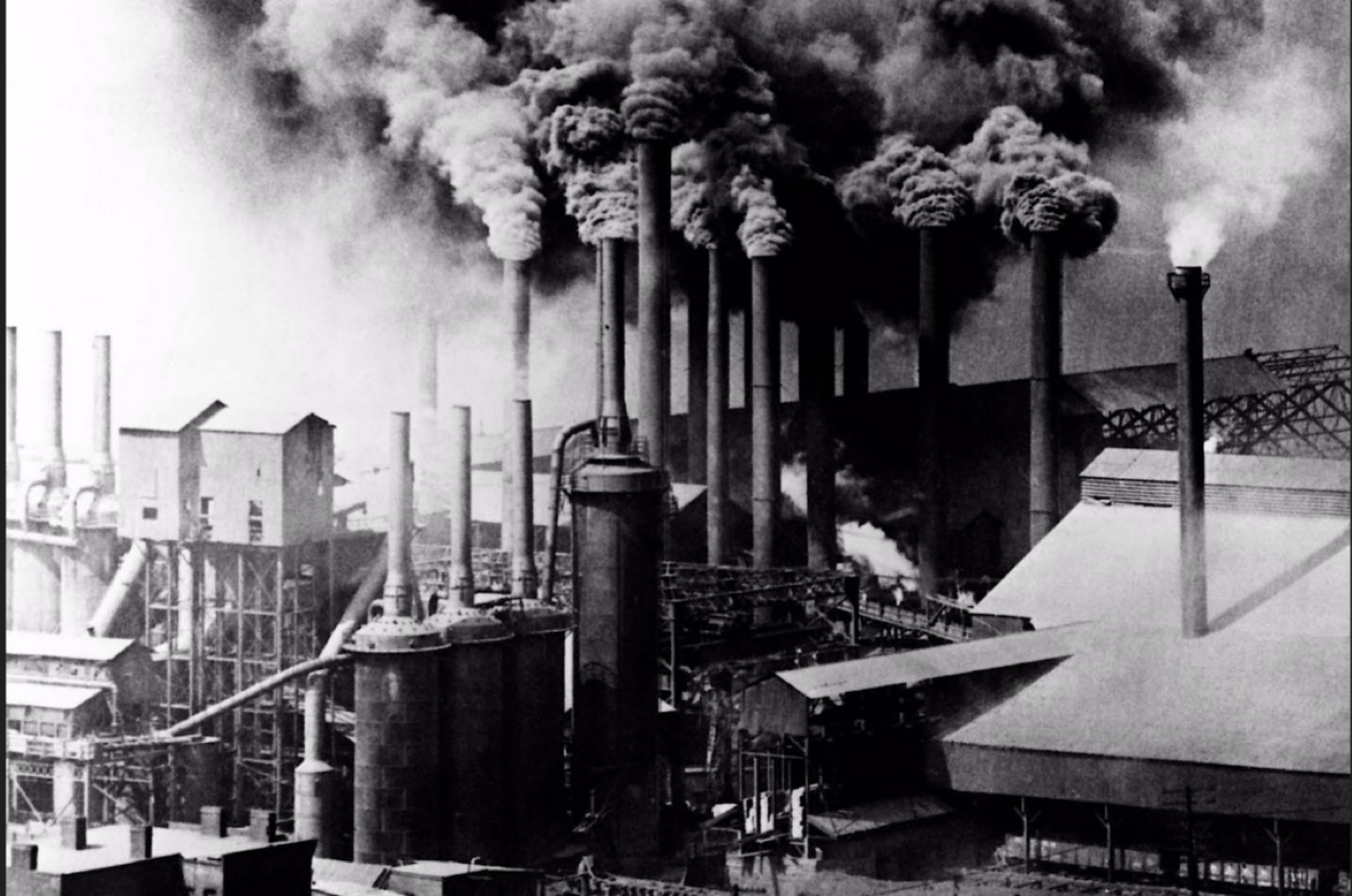
# READER'S GENOGRAM



- |   |  |
|---|--|
| □ Men                                   | — Marriage   |
| ○ Women                                 | / Separation   |
| A Adultery                              | // Divorce   |
| A+ Adultery while wife is pregnant      | ≡ Remarriage   |
| NA No adultery                          | ♥ Happily married  |
| P Promiscuous                           | ★ Clone of adulterer in the family                                     |
| R? Rumors of outside romantic interests | ★★ Simultaneous separations and divorces within family                 |
| D Emotionally distant relationship      | ⊙ Death of parent (form of betrayal/abandonment which alters intimacy) |
| — Lover                                 |  |
| Parent-child relationship               |  |

**NOTE: PATTERNS OF ADULTERY AND SEPARATION/DIVORCE GO HAND-IN-HAND**

True freedom is found in limitations.





















NETFLIX





**“If you were going to give advice for a happy adolescence based on [our data], it would be straightforward: Put down the phone, turn off the laptop, and do something that does not involve a screen.”**

**-Gene Twengy, Psychologist and Expert on Generational Differences**

**1. People can't sit at dinner without their phone on the table.**

- 1. People can't sit at dinner without their phone on the table.**
- 2. People check social media while driving.**

- 1. People can't sit at dinner without their phone on the table.**
- 2. People check social media while driving.**
- 3. People can't go to the bathroom without their phone.**

## Put your phone up:

- One hour a day
- During every meal w /loved ones
- During church

## Put your phone up:

- One hour a day
  - During every meal w /loved ones
  - During church
- 

- On vacation
- For longer periods of focused work
- On a date
- While with kids
- During quiet time w /God