



Session 3

Big Idea:

If you want to find peace in an anxious world, you must choose perseverance over fragility.

GROUP OPENER

Describe a time when your beliefs or values were challenged.

How did it alter your perspective?

Jonathan Haidt calls out three great untruths. Share how you are tempted to believe these untruths.

1. The Untruth of Fragility

What doesn't kill you makes you weaker.

2. The Untruth of Emotional Reasoning

Always trust your feelings.

3. The Untruth of Us versus Them

Life is a battle between good people and evil people.

GROUP DISCUSSION

- Read [John 16:33-17:19](#) Twice out loud, in different versions of the Bible – everyone listens.
- What are some significant observations you have about this text? What stood out? What didn't you like? What was confusing?
- What does this passage teach us about God? How does it change how I see God?
- What does this passage teach us about humanity/ourselves? How would it change how I treat others?
- What does this passage teach us about obedience? How should it affect the way I live?

November 26
WEEKEND

ACTION STEPS

I will statement . . .

- Based on what God is teaching in this passage, what should I do? Reflect for a minute or two and develop an action statement. Put it in the form, "I Will _____". Make it concrete, simple, and achievable. Share it with the group.

As a Group

In the series of verses you read in Jesus' prayer at the Last Supper you can see he has several requests of his father. What are they?

What is the mission his followers are given?

Why do you think it is important that the disciples have developed perseverance for this task?

Describe what you think a resilient faith looks like.

Have you had to overcome a challenging ideological or social situation?

How did you grow and adapt from that situation?

Dallas Willard once said, "We live at the mercy of our ideas".

Close out by discussing this quote with your group and pray for each other.

On your Own

What are some setbacks and failures you have had this past week? Spend some time thinking about how you viewed and still view them. What can you do to start to view these through the truth of Jesus?

- God will bless those who wash the feet of others.
- Love each other just as Jesus has loved you.
- One day, you will be with Jesus forever.
- Jesus is the only way to God.
- Jesus is the reference point for truth.
- You are never alone if you have the Spirit.
- Abide in Jesus and you will produce fruit.
- Apart from Jesus, you can do nothing.
- Jesus loves you and calls you friend.
- The world will hate you like it hated Jesus.
- The Spirit will guide you into all truth.
- You will see Jesus again!