



Session 5

Big Idea:

Living a selfless life is the 2nd key to unlocking generational change in our families through God's power.

GROUP OPENER

Why is it sometimes difficult to have “pure” motives when it comes to helping others?

GROUP DISCUSSION

- Read [Philippians 2:1-4](#) and [Matthew 7:7-12](#) Twice out loud, in different versions of the Bible – everyone listens.
- What are some significant observations you have about this text? What stood out? What didn't you like? What was confusing?
- What does this passage teach us about God? How does it change how I see God?
- What does this passage teach us about humanity/ourselves? How would it change how I treat others?
- What does this passage teach us about obedience? How should it affect the way I live?

May 5
WEEKEND

ACTION STEPS

I will statement . . .

- Based on what God is teaching in this passage, what should I do? Reflect for a minute or two and develop an action statement. Put it in the form, “I Will _____”. Make it concrete, simple, and achievable. Share it with the group.

As a Group

If you have ever experienced a time when someone was helping you with less than “pure” motives?

Pastor Eugene Peterson Once said, “Yet I decide, every day, to set aside what I can do best and attempt what I do very clumsily--open myself to the frustrations and failures of loving, daring to believe that failing in love is better than succeeding in pride.”

Take some time to discuss this with your community. What are the practical ways of making these best attempts?

Three areas to practice from the sermon.

Gratitude
Humility
Intentionality

We may often be strong in one area but weak in another. Share which of the three areas, gratitude, humility, or Intentionality you find more difficult. Have those in the group with that area as a strength share some strategies for growing in that area.

On Your Own

What is a tangible way you can serve someone in your family this week? Pick something that is not a normal chore or part of your family role.