



Session 3

Mid Life

BIG IDEA

God has a word for every generation. We want to call out the beauty and the opportunity in each generation.

GROUP OPENER

A healthy crisis in mid-life can call you to realign your priorities to more God centered priorities.

A healthy realignment of will look like:

1. A shift from a material motivation to a moral motivation.
2. An embracing of your identity as a citizen of heaven.
3. Refocusing on giving life to others.

Discuss:

Take some time to share if you have ever felt like your life forced you to reevaluate these priorities.

The apostle Paul who wrote the letter to the Philippian church was previously a very accomplished Jewish religious leader. Three times in the book of Acts he shares his conversion story. Acts 9, 22 and chapter 26. Yet his radical meeting with Jesus forces his mid-life crisis and he goes from persecuting the new church to a champion of Jesus trying to share and explain the gospel to as many people as possible.

As we read today's scripture, keep these three shifts in mind.

May 11
WEEKEND

GROUP DISCUSSION

- Read this passage: Philippians 3:3-4:1. Twice out loud, in different versions of the Bible – everyone listens.
- What are some significant observations you have about this text? What stood out? What didn't you like? What was confusing?
- What does this passage teach us about God? How does it change how I see God?
- What does this passage teach us about humanity/ourselves? How would it change how I treat others?
- What does this passage teach us about obedience? How should it affect the way I live?

Questions:

Where specifically did you see Paul reorienting his priorities?

How do you think God may be specifically calling you in one of those areas to refocus your life?

ACTION STEPS

I will statement...

- Based on what God is teaching in this passage, what should I do? Reflect for a minute or two and develop an action statement. Put it in the form, "I Will _____". Make it concrete, simple, and achievable.
- Share your "I Will" statement with the group.