



Session 2

A Series on the Body

BIG IDEA

As we continue in A Series on the Body, we're invited to discover hidden desires that drive our bodies and the stories we believe.

OPENING QUESTION

How are you doing with living in your body?

GROUP DISCUSSION

- Read this passage: Romans 7:14-25. Twice out loud, in different versions of the Bible – everyone listens.
- What are some significant observations you have about this text? What stood out? What didn't you like? What was confusing?
- What does this passage teach us about God? How does it change how I see God?
- What does this passage teach us about humanity/ourselves? How would it change how I treat others?
- What does this passage teach us about obedience and following the way of Jesus? How should it affect the way I live?

April 19
WEEKEND

Questions:

1. Everyone has a story. What messages have you been believing about your body? Where did you receive those messages?
2. What choices have you made in your life because of the story you've believed about your body? *Share as much or as little as you feel comfortable.*
3. Everyone has a responsibility. What would it look like to kill your ego, drop your excuses, and eliminate complacency? Is there one habit you could instill, or remove, that would help you in these things?
4. Everyone has an opportunity. Do you want to rewrite your body story? If God spoke one thing to you regarding your body story, what do you think it would be?
5. As we consider whole body sanctification (Philippians 3:10-14) what is your next step in your body story?

Join the mission of Jesus

I will statement...

Based on what God is teaching in this passage, what should I do? Reflect for a minute or two and develop an action statement. As disciples this helps us to be changed by Jesus. Put it in the form, "I Will _____". Make it concrete, simple, and achievable.